

# Friends \*\*\* at Broomfield Hospital

# HANDBOOK





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# Chairman's Welcome

Good healthcare in hospital is something we all want for our loved ones and ourselves. When that care can be backed up and strengthened by volunteers dedicated to helping patients and their families, then it can be second to none.

Broomfield Hospital's staff always aim to give a high level of expertise and empathy and their good work is given an extra dimension by the Friends at Broomfield Hospital, a group of people who fundraise to provide extra equipment and facilities at the hospital to help patients and their families.

I am proud to be the Chairman of the Friends and I am delighted that the money raised by our volunteers is making such a difference across many wards and departments at Broomfield Hospital.

The vast amount of medical equipment, the extra comforts for patients, visitors and staff and the ongoing support provided by the Friends is of such enormous value.

Over the years the equipment purchased has often been cutting edge and has helped many services develop when budgets were severely curtailed. We are able to help when needed and that is what we are here for, to support Broomfield Hospital, for the benefit of patients, visitors and staff.



Our volunteers run and staff our two shops at the hospital, take the trolleys around the wards, including the library trolley and present a friendly face to patients, staff and visitors.

The time and effort given on a daily basis is as vital now as it was 60 years ago when the group was first set up as the hospitals League of Friends. So, I would like to thank all of our volunteers, the staff at Broomfield Hospital and all those who support the Friends, for working together to make such a positive impact.

For more information about our work please visit our website **www.fabh.org** 

Alison Douglas Chairman - Friends at Broomfield Hospital





## Welcome

#### Welcome from the Chairman of Mid Essex Hospitals



It is a big privilege for me to be given the opportunity to contribute to the Friends magazine.

I was appointed as the Trust Chairman at Mid Essex Hospitals back in 2010 and it soon became apparent to me what an enormous contribution the volunteers from the Friends make to Broomfield Hospital. On numerous occasions I have had the pleasure of being able to thank them for the commitment that they give to the Hospital.

The volunteers give so generously of their time, and support the Trust in so many ways. The Hospital shops are a focal point for many patients, staff and visitors. It is manned entirely by volunteers who work in a very professional manner to provide a first class service. Those patients who are

unable to leave the wards are not forgotten as they can benefit from the shop trolley or library service run by the volunteers.

The Friends provide financial support and practical help to the Hospital. Most recently, this has included making generous donations to many services including ophthalmology, audiology and the stroke service. These pieces of equipment will make a big difference to our patients and we are very grateful for the Friends help. The Friends also provide funding and support for the dementia project, patient experience team and the chaplaincy service working alongside our staff to improve the experience for our patients, carers, and visitors.

Once again, on behalf of the Trust, I would like to reiterate how much we appreciate the help and support the Friends give us and look forward to continuing our good working relationship for years to come. This is a wonderful example of local people helping their local health service.

Professor Sheila Salmon Trust Chairman



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#### VOLUNTEER WITH US

Could you support someone with a disability to achieve their life goals? Could you represent ecdp and help recruit other volunteers? Whether you've got a little time or a lot, you could make a difference and we'd love to hear from you. Contact: insight@ecdp.co.uk , 0124534310

To find out more about everything else we do: www.ecdp.org.uk





# Mid Essex Hospitals Charities Support Officer

The Friends of Broomfield Hospital, known simply as "The Friends" provides a wealth of extra amenities for the benefit of patients, visitors and staff and purchases medical equipment over and above what is normally provided by government funds.

The Friends also enhance the patient experience through their volunteering services and have made significant contributions to a number of major projects such as the "Dementia" Project and the Patients Handbook. Other new equipment provided by the Friends includes a new television for the patient waiting area, an ECG machine and adapted cutlery for the "mealtime mission" initiative.

In the early days of the National Health Service, it was clear that all patient needs could not be provided by the Welfare State and what used to be called the League of Friends was formed to provide what was missing. The modern League of Friends began in 1949 with a new National Association of Friends. The Minister for Health at the time, Aneurin Bevan welcomed the personal, voluntary efforts of caring individuals to support the work of the health service launched in the same year.

The extraordinary and important work of the Friends is just as important today and Mid Essex Hospitals Trust is immensely grateful to our major supporter, the Friends at Broomfield Hospital for their commitment, generosity and continued support.

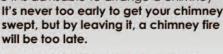
Yvonne Carter - Charities Support Officer

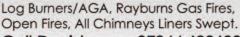




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8



# Our Shops

Two shops are run on the Broomfield Hospital site by volunteers from the Friends.

The bright and eye-catching Friends2 Shop is located in the busy new atrium at the main entrance to the hospital and the other shop, Friends1, is in an established location near the entrance to the South Wing.

Both shops give superb service with a smile, brightening up each day for customers. Volunteers with the Friends all believe in going the extra mile and there is many a tale of them giving help above and beyond the call of duty.

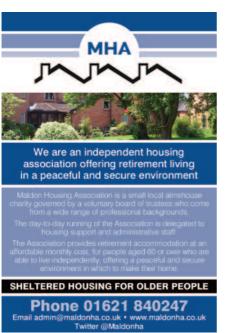
The goods on sale include sandwiches, newspapers and magazines, soft drinks, greeting cards and confectionary. Hot soup has also been added recently to the list.











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- 4 If you have remarried, the children of your first marriage could be left with nothing if you die before your new partner.
- 5 Unless you've got a legal document in place a Lasting Power of attorney, your family will have to apply for authority from a Court to make decisions on your behalf if you are incapaciated for any reason whether that's from an accident or illness. This can take months and can be very expensive.

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# Our shops

#### Continued



Sheila Salmon, Chairman of Mid Essex
Hospitals Trust is pictured cutting the ribbon
at the re-opening of shop 1 run by the
Friends. Also pictured are volunteers
Jenny Gillingham, Peggy Cook and
Barbara Coupe.

Shop 1 run by volunteers at the heart of Broomfield Hospital has been transformed



with a major re-vamp, bringing an even better service to patients, visitors and staff. The refurbishment of the shop, will bring a boost to the money raised in the shop, which the Friends donate to the hospital for medical equipment and other facilities.

Jenny Gillingham and Barbara Coupe, long-standing volunteers with the Friends and joint managers of the shop are delighted with its new look and improved set up.

"We have more shop space and a better layout for fittings. Everything looks brighter and better after being painted and decorated" said Jenny. "We are very proud of the shop and know that our customers feel even more welcome with the improved surroundings".

The shop, at the South entrance to the hospital, sells a wide range of goods including sandwiches, fresh fruit, yoghurts, hot drinks, newspapers and magazines, greeting cards, confectionary and some toiletries. It is one of the two shops run on the Broomfield Hospital site by the Friends group.

It is open throughout the week, manned by volunteers and the shop is also a focal point for volunteers from the Friends who take stocked-up trolleys around the wards so patients can buy items they need".

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# A word from our Treasurer



Broomfield Hospital has had the benefit of a Friends group for the past 60 years and Allan Hodson, treasurer for Friends at Broomfield Hospital, says that over that time around £1 million has been donated by the volunteers.

Allan, who can be seen on a regular basis wheeling the retail trolley around the wards said: "In the early days the

donations were of course much less than they are today, but they still made a big difference."

A former banker, Allan became a volunteer with the Friends at Broomfield Hospital when he retired.

He said: "About six months after I retired I found I could not accept the lack of contact with the public. One day I was in the hospital shop and saw an invitation to join the Friends group. I decided to volunteer for the trolley rounds, as this would give me some exercise.

"My role as treasurer is to keep the books and pay all the administration bills, plus draw the cheques to purchase equipment for the hospital which has been agreed by the committee, to bank all donations and profit from the shops and trolley rounds plus investing the funds to obtain maximum interest without risk

"I enjoy being a volunteer on the trolley round as it gives me a chance to help the patients to buy items they need, often at a time when no relatives or friends are available. By having a few words with the patients I can perhaps bring a little pleasure into their day."

Allan Hodson

#### Willowmead Care Home



Willowmead Care Home is a 60 bedded Residential and Residential Dementia Care home and is situated in a very rural location with extensive countryside views. The village is approximately 1.5/2 miles away, the nearest bus stop is about 1/1.5 miles away and the train station is 2 miles away. The care that we offer is of a consistently high standard, ensuring that you retain your individuality, dignity and respect at all

times. Residents can enjoy a large garden to the rear and side of the home which has been enhanced this year with the addition of a sensory garden. The garden is wheelchair accessible and you can go out and sit in one of the various seating areas or simply just enjoy the fresh air. There is ample parking available for visitors at the front of the home.











The home aims to provide a good quality of life for all who live here, enabling each resident to live with peace of mind knowing an experienced member of staff is always nearby. At Willowmead you will get to know all the staff as friends. We will identify a particular person who will be able to help you with personal things you need, such as bathing, shopping, writing letters and helping you to mix with other residents. The term we use to describe this person is a 'Key Worker'.

#### Accommodation:

You can make the room your own by bringing pieces of furniture and other belongings with you. You can have a key to your room. There is also a bedside locker with a lockable drawer for you to keep small valuables in. Staff and visitors will not enter your room unless invited by you. Your room syour personal space. You may use it as you choose. Domestic staff will negotiate with you a convenient time to clean your room. However, it has to be recognised that some people have a legal right to inspect any part of a residential care home. Our home also has some double rooms for married couples or if preferred rooms next to each other can be allocated.

Willowmead Care Home Wickham Bishops Road Hatfield Peverel, Essex CM3 2JL

Email: managerw@goldcarehomes.com Web: www.goldcarehomes.com Manager: Kim Hirst

#### Meals

Residents have a choice from the daily menu and if a resident is not happy with the options then an alternative can be provided. Likes and dislikes about food can be raised at residents' meetings and discussed with you on admission. We have very experienced cooks who can provide special diets. Every effort will be made to meet your medical and cultural needs. We also try to be as flexible as possible for all meals. Arrangements can be made if you want to go out and are unable to return in time for a meal. You can choose to miss a meal or request a snack at another time.

#### Activities:

The activities organiser arranges regular outings and activities in which you can take part such as theatre and public house visits. We have a Knitting Circle, a flower arranging circle and a church visit provides regular services. We also arrange regular entertainment and fundraising events. Your suggestions are always welcome.

#### Services:

We provide individual personal care that you need, including a laundry service and social activities and are able to arrange hairdressing facilities, chiropody, dental care, eye care and hearing tests.

Tel: 01245 381787 Fax: 01245 382356

# Donations in 2013 Mid Essex Hospital Services **NHS**





Dementia Project





Bladder Scanner - Day Ward



Digital piano for Chaplaincy Service



New equipment for the eye clinic



Speech and Language team

# Fundraising in 2013



Open Garden



GO British final cheque



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# Donations in 2013 and 2012

EQUIPMENT DONATIONS - 2013	
Toiletries – Stroke Ward	£41
Bladder Scanner – Day Ward	£3,558
Build small private rooms – Let's Face It Clinic	£5,000
Fluoroscopy Swallow Chair – Day Ward	£7,689
Verifit Paediatric Equipment – Day Ward	£1,576
Cornea Microscope – Eye Clinic	£17,500
Patient Information Packs – All Wards	£3,500
Toiletry Bags – All patients in need	£3,500
Christmas tree, decorations and patients gifts	£1,800
Chemotherapy Unit	£5,000
	£49,174

EQUIPMENT DONATIONS - 2012	
Laser Equipment – Eye Clinic	£15,000
Monitors – Childrens Ward	£6,900
Coloured Crockery – Mealtime Mission	£6,000
Build Separate Rooms – Colposcopy Unit	£5,000
Overnight beds for parents - Children's Ward	£3,000
Monitors – Children's Ward	£3,000
Christmas tree, decorations and patients gifts	£1,320
Monitor – GUM Clinic bus station	£465
Coloured Plates for Wards B15 & B16	£243
Toiletries for patients – Stroke Ward	£40
ECG Monitor – Lister Ward	£4,750
Video care kit – Phoenix Ward	£260

£47,774







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# New equipment for the eye clinic thanks to the Friends at Broomfield



Volunteers from the Friends at Broomfield were invited to the eye clinic to see the difference their recent donation is making to the care and treatment provided to patients.

The Friends helped fund an advanced Specular Microscope recently and several other corneal instruments before, which enable Consultant Ophthalmologist, Mr Dimitris Pimenides to accurately assess the front of the eye (cornea) of routine or transplanted patients.

Mr Pimenides explained why the new equipment is so important, saying "previously, local patients would have to travel out of the area for both this procedure and corneal transplantation.

For many of our elderly patients this was just not possible and often meant they were unable to have treatment, leaving them blind and in a lot of eye pain. Thanks to the generous support from the Friends, we can now carry out these complex procedures here at the hospital, which means a better outcome for

many more of our patients."

Being able to provide this specialist treatment meant that the corneal clinic has become a regional centre, and now sees patients from Harlow and Colchester and sometimes as far afield as Bury St Edmunds, covering a population of 1 million patients. Over 100 corneal transplant procedures have now been performed locally.

Mr Pimenides continued "It is extremely important that we provide the specialist care our patients need in a setting local to them, and I can't begin to express my gratitude to the Friends for their support and for making it possible to provide the specialist treatment our patients need."







# Dementia Project

A project to help people with dementia who are admitted to hospital has been given support in a very practical way by Friends at Broomfield Hospital.

Staff at Broomfield Hospital have been making great progress in a drive to improve the experiences of people with dementia who come into their care. Members of the Friends decided that they wanted to make a significant contribution towards this project, to help patients with dementia feel more at ease when they have to go into hospital, by providing them with essential toiletries. The Friends allocated £3,000 for the initiative and researched and sourced the most suitable items to put in toiletry bags including toothpaste, toothbrushes, soap, flannel, deodorant, shampoo, shaving kit and combs.

After collating all the items the Friends then held a working party to pack the toiletries into the bags, which have now been presented to staff at the hospital to give to patients with dementia.

Clive Gibson, Clinical Nurse Specialist for Dementia said: "It had been apparent for some time that many people with dementia arrive in hospital, particularly from care homes, with no toiletries. It is very much appreciated that the Friends have kindly provided both male and female toiletry bags which include all the essential items to maintain comfort and dignity. "On behalf of the Elderly Assessment Team and Dementia Group I would like to express our sincere gratitude to the members of Friends at Broomfield Hospital for the toiletry bags.

It is clear that a great deal of time, thought and effort has gone into preparing them, not to mention the cost. I have no doubt that they will significantly improve the experience for people with dementia and also provide greater dignity and comfort."

Alison Douglas, chairman of Friends at Broomfield Hospital said: "I think we can all understand that being admitted to hospital can be a frightening and confusing experience for people with dementia. By having some basic toiletries they will be able to feel more at ease and it will help them to retain their self esteem. We are very pleased to have been able to support the dementia project as part of our overall aim of helping to improve the comfort and care of patients at Broomfield Hospital."









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#### HAYES COUNTRY PARK

After a three year long battle, Hayes Country Park in Wickford have been granted a full 12 month residential license. Residents can now remain in their homes for the full 12 months; The Park will now be able to apply for a regular refuse collection, and a bus stop to be placed along Burnham Road, to help residents get to local amenities. There are future plans to make sure Hayes Country Park remains the finest park in the county, and one of the best in the country too.

Park Manager Howard said: "We made a promise to our residents that we would do whatever it takes to get the full 12 month Residential Licence, and I would like to sincerely thank all the residents who trusted in our belief of achieving this for them, we are now absolutely delighted. We really could not be happier".

The staff at the Park look forward to seeing new visitors and those who have been before that had concerns over the licence.

The park really is a credit to the company and those currently living there.

There are several show homes to view, and ready for immediate occupation. There has never been a better opportunity to fulfil your dreams of luxury living in the Essex countryside, Hayes Country Park, really are now turning dreams into reality.

For more details about Hayes Country Park Essex, call Howard on **01245 320054** 

Or visit the web site: www.leisureparksuk.co.uk.

# How We Help - On the Wards

The trolley services run by Friends at Broomfield Hospital volunteers are invaluable for patients on the wards. Newspapers, toiletries, confectionary and other items are sold from the trolleys which are taken around the wards by volunteers every day of the week.

Dick and Sandra Fegan are among the dedicated people who provide this vital service and have enjoyed volunteering for more than two years, fitting it in around their other interests, which include football and sightseeing in the UK and abroad.

They became involved with volunteering after their son in law spent time at Broomfield Hospital as a patient. Dick and Sandra who can be seen on the trolley rounds at the hospital three times a week said "It certainly keeps us fit and we really enjoy chatting to the patients. It hopefully brightens up their day and it certainly brightens ours! For us it's a change to give something back. We find our volunteering extremely fulfilling".

Retired NHS employees, Marion Garner and Reg Gwilliams have found their involvement with the Friends at Broomfield Hospital equally rewarding. Marion began volunteering for the Friends back in 2001 on the trolley rounds five days a week. More recently her partner Reg Gwilliams has been helping out at weekends and they enjoy working together.

They both had long careers in the NHS, Marion for 26 years and Reg for 34 years, dealing with maintenance for hospitals



Peter and Dave - Trolley Volunteers

across mid Essex. Now they have retired they find volunteering work a very worthwhile way of spending some of their spare time. They have made friends through their volunteering work and their other interests which include classic cars, walking and bowls.

To Volunteer for the Friends at Broomfield Hospital and for more information call 01245 445285 or visit our Join Us page. www.fabh.ora

#### FABH Address:

The Friends at Broomfield Hospital Shop1, Broomfield Hospital, Court Rd, Chelmsford, Essex CM1 7ET

Telephone: 01245 443285



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# Remembering a Loved One

Why are legacies so important to charities? Because with your gift the Friends at Broomfield Hospital can do so much more.

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Thanks to the generosity of people like you, the Friends have been able to donate even more money to make the time spent in hospital a little more bearable and helps doctors and nurses with the work they do by providing them with new and up-to-the-minute medical equipment. Your legacy gift will enable us to do even more in the future

Legacy donations, big or small, help us to keep providing those all important extras and of course you can take care of your own family and friends before you think about making a donation to the Friends at Broomfield Hospital in your Will.

In essence it's the same as how you decide how much to donate ordinarily.

You would make sure you had taken care of yourself and your loved ones and then you'd choose to donate what's left over.

There are a few slightly different ways you can leave money to us in your Will:

- You can choose to leave a percentage of your estate known as residuary legacy
- You can leave us a set amount which is known as a pecuniary legacy (but bear in mind that inflation means that over time the real value of pecuniary gifts may change over time)
- Or you may choose to leave an item such as jewellery or property; this is known as specific legacy.

Your solicitor will be able to give you more advice about the different types of gift and we would encourage you to discuss any plans to leave a legacy to the Friends of Broomfield Hospital with your solicitor.

If you need any more details, simply contact Barbara Coupe on 01245 443285

For more information about 'give as you earn' donations and 'Just Giving' please refer to fabh.org

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Signed	
Dated	
April to 5 April) that is at least e	aid or will pay an amount of Income Tax and/or Capital Gains Tax for the current tax year (to equal to the amount of tax that the Friends will reclaim on my gifts for the currently tax year. alm 25p of tax on every £1 that I have given.
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***	Becoming a volunteer—please tick in the box to register your interest  In the Shop Trolley Service Library Service
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# Our Free Library Trolley Service

As well as the Ward Trolley round we also have our free Library Trolley Service where our volunteers visit the wards and departments throughout the hospital bringing a friendly face and a chat to patients. The service runs on Tuesday and Thursday mornings and on the trolley is a wide selection of books for patients to choose from

Roger and Marion Gardiner are two of our current library volunteers, having been introduced to volunteering through a close relative.

Roger has been retired for about four years after 25 years as an Engineer Surveyor/Risk Assessor for a large insurance company, although he does still do some consultancy work for a small engineering company in Billericay. Marion has had various part time roles over the years but ceased working a couple of years ago. They both found they had some spare time and volunteering has been the answer, it has given them the perfect opportunity to put something back into the community.

"A large part of taking the library trolley to the wards is a little light conversation with certain patients who perhaps don't receive many visitors and this is certainly no hardship for me, I enjoy getting into



conversations with people" says Marion. Volunteering suits my nature and I am very much a people person. Roger's love of reading and being able to help choose a suitable book for a patient's reading taste makes this an ideal volunteering role for him. "As yet no-one has told me that the item I chose for them was rubbish, but perhaps that is because people are just being polite" says Roger.

If you would like to join our friendly team of Trolley Library Volunteers or donate some good quality paper back books, please do contact us on:

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# Videoflourescopy Chair



Volunteers from the Friends at Broomfield Hospital have been able to see how their latest donation is improving patient care by testing a new Videofluoroscopy chair, purchased by the hospital's Speech and Language team.

The specialist chair is used when a patient has difficulty swallowing and needs an x-ray to accurately diagnose the problem. The team can then start the correct therapy to make swallowing easier and safer. This test is useful for a wide range of patients, including those who have had a stroke or following surgery and means many patients won't need to be nil-by-mouth for extended periods of time.

Karen Blackmore, Speech and Language Therapist at Broomfield Hospital: "Good nutrition is essential to aid in the recovery of patients, as well as to maintain independence and dignity, so it is important that patients with difficulty swallowing are Volunteers from the Friends at Broomfield are shown the new chair by the Speech and Language team while Yvonne Carter, Charities Support Officer, tests it for comfort

treated quickly and appropriately. The new videofluoroscopy chair is portable and adjustable, which makes it easy for the staff to transport patients and accurately position them before the x-ray. As I'm sure the Friends will agree, it's also extremely comfortable which is far better for our patients, as the test can take up to half an hour. We'd all like to thank the Friends for making it possible for us to purchase this chair and greatly improve the service we can offer our patients."

The chair is the latest piece of equipment to be bought by the Friends who are dedicated to helping improve life for patients, staff and visitors at Broomfield Hospital. For more details about the group visit the website **fabh.org** 



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## Bladder Scanner



Members of Friends at Broomfield Hospital are pictured handing over the scanner to staff in the urology department at Broomfield Hospital.

Patients at Broomfield Hospital needing bladder scans will have a faster and more efficient service, following the presentation of new equipment to the urology department by Friends at Broomfield Hospital.

The group have officially handed over a Cubescan 700 bladder scanner for the department for use in the outpatient clinic and on the wards. The Friends have contributed £3,558 towards the new touch-screen colour hand-held scanner, which is more than half the equipment's total cost of £6,000.

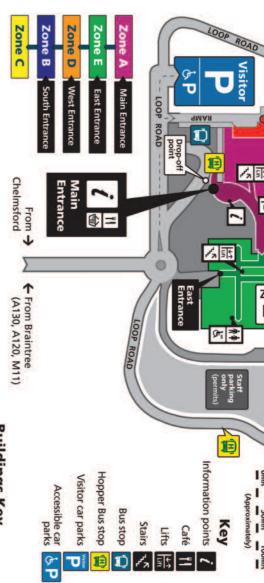
Alison Douglas, Chairman of Friends at Broomfield Hospital said: "Scans can now be done in the outpatient clinic on the same day and, as the scanner is so light and portable, it can easily be moved around the ward and operated at the bedside, wherever it's needed most urgently. This means the medical team can not only make a correct diagnosis early but can also be confident to reassure and discuss appropriate treatment with patients. It also frees up the radiography department and allows them to concentrate on providing more involved scans that may be required. The scanner is our latest donation of specialist equipment to the hospital and we are delighted that it will help improve the service for urology patients."

For more details about the Friends at Broomfield hospital group call **01245 443 255** 

# Internal Zones Map

# Use this map to help plan your journey

This map is also located at Information Points in the hospital and can be viewed on the Self Check-in kiosks



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## Multi Faith Centre

#### How Do You Contact Us?

Chaplains are usually on site Mon - Friday 8.30am -16.30pm and Sun 9.00am -12.00 noon We are on-call outside of these hours, to make a non-urgent appointment to see a chaplain phone x5244. There is voicemail if we're out.

#### Where is the Faith Centre?

The Faith Centre and chaplaincy offices are situated at location A209. It is open 24 hours for anyone to come for quiet space and prayer. An Islamic Ablutions room is available 24 hours and screens and prayer mats are in the Faith Room. Other religious resources are available on request. The Spiritual Care and Chaplaincy Department is pleased to provide a calendar of high holy days and celebrations from different faith communities. If you or your faith community wish to hold a service on one of these significant days, please contact

the Chaplaincy Department in order to reserve the Faith Centre.

Regular services in the Faith Centre are as follows:

Monday - Thursday 7.30am:

Hindu Meditation

**Tuesdays** 12.15pm -12.45pm: Holy Communion (Church of England or Free Church) 2nd **Friday** of each month 12.15 -12.45pm: Roman Catholic Mass

Wednesdays 8.00am: Christian Meditation
Fridays 7:00am: Hindu Meditation

**Fridays** 1.15 -1.45pm: Jum'ah prayers (Ablutions room available)

Other weekdays 12.15pm:

Short service of Christian prayers and reflections **Sundays**: No services in Faith Centre Holy Communion (Roman Catholic, Church of England and Free Church) or prayers are brought to the bedside by our Eucharistic Ministers.







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## Friends at Christmas

Christmas can be a wonderful time, but it can also be very challenging if you are unlucky enough to be in hospital as a patient and away from family and loved ones.

The Friends continue to actively support the Hospital throughout the Christmas period, to make sure that patients and their visitors can still have festive surroundings and enjoy some celebrations together.

For many years the Friends have supported the wards by giving a donation to ensure that staff can provide extra treats for patients to mark the occasion.

The Friends also pay for a large, decorated Christmas tree to be installed at the entrance of the Hospital at the top of Court Road, to provide a beautiful twinkling beacon which greets all staff, patients and visitors as they arrive at Broomfield.









Are you a carer in need of a little help and support, would you like a little time for yourself, are you afraid to leave the person you are looking after on their own. If so then we are here to help.

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## Friends at Christmas

Continued



When the Christmas trees inside the hospital are dedicated by the Hospital's Chaplain and the Chairman of the Trust, the Friends provide mulled wine (non alcoholic) and mince pies which are enjoyed by patients, staff and visitors as they sing carols along with the singers and musicians who kindly support the Hospital on that day by joining in the festive fun.

The Friends also provide the prizes for the highly competitive Ward Christmas decoration competition, which has been running for many years now.

This competition is undertaken with much



enthusiasm, creativity and competitiveness by the members of the staff in each department. Some of the efforts are truly spectacular and really make a huge difference to the hospital environment.

All members of the Friends make a great effort to do whatever they can to support the hospital at this very special time.









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# Friends2 Shop Aids for Daily Living



A wide range of aids for daily living are now stocked in the Friends2 shop which is situated at the end of the atrium next to A111.

Various mobility aids are for sale, from adjustable sticks (some very colourful) to rollators suitable for indoor and outdoor use.

Also available are trolleys for transporting meals and drinks safely from room to room. Various feeding cups, large handled cutlery and plates to assist with drinking and eating are also stocked, as well as

sock aids, dressing sticks, long handled shoe horns etc. to assist dressing.

One of the best selling items is the 2-in-1 reacher and dressing aid. A range of Thera-Band (resistive exercise bands) and gel exercise balls are also available to buy to aid rehabilitation. Last, but not least, items to assist with personal care such as male and female urinals are also always on the shelves.

These are just a selection of the mobility aids and products for comfort, safety and independent living which are available in the shop. Please do visit the Friends2 shop to see the full range.



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## Our Wonderful Volunteers

A special award has been given to the Friends at Broomfield Hospital to recognise the value of all the work carried out by the organisation's dedicated volunteers.

At a ceremony held at Hylands House by Mid Essex Hospitals Trust, to highlight and reward the good work carried out at Broomfield Hospital, the Trust's Chairman, Professor Sheila Salmon, gave her special award to the Friends group for their efforts to improve facilities and care for patients, visitors and staff at the hospital. Jenny Gillingham and Barbara Coupe attended the ceremony to accept the certificate on behalf of the Friends.



Jenny and Barbara - Hylands presentation





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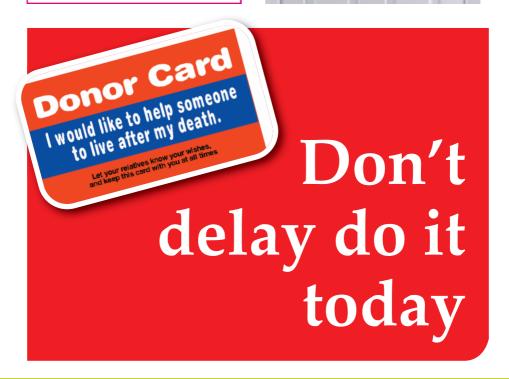
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## History of Broomfield Hospital

Broomfield Hospital, built as a sanatorium for TB patients, was one of the last of its kind to be completed before the outbreak of the Second World War. It was built on the site of a roomy Edwardian mansion, Broomfield Court, and around 88 acres of land originally called Little Dumplings. The house built in 1904 for Latermar and Louisa Radcliffe is graced with magnificent oak and chestnut panelling, which can still be seen today in the entrance staircase. Constance Nash, Louisa Radcliffe's daughter, sold the house and grounds in 1935 to Essex County Council and the house itself become the hospital's Nurses Home.

Building work for the new hospital began in June 1937 and after delays caused by wartime difficulties, the hospital's first patients were admitted in 1940. There were

312 male patients and bed occupancy was anything from 6 months to about four years per patient. The hospital was soon working to full capacity and was the only centre for thoracic surgery for pulmonary tuberculosis in Essex. Towards the end of the war 50 per cent of patients were ex-service men.

Broomfield Hospital was originally known as Essex General Hospital, and in the early days its south facing "butterfly" wings caught the sun for the benefit of the TB patients. Even during the winter months beds were wheeled out onto the balconies. Fresh air, bed rest and good food were all part of the treatment and much of the food was grown on the Hospital Farm. Often the view from the balconies was a field of cabbages – not quite the right aroma conducive to sharpening the appetite!



Boredom was a real hazard for TB patients who faced long stays in hospital. Much of the time was spent playing cards and writing articles for the hospital magazine. One highlight of the week was to be wheeled on trolleys (four to a trolley) to the Concert Hall for a film show. This event was a sight to behold as each trolley load competed to be there first. The dexterity of the porters controlling the passage of



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## History of Broomfield Hospital





these chariots was only surpassed by the agility of the pedestrian traffic they met on the way!

As TB declined, the hospital developed. The North East Metropolitan Regional Hospital Board took over when the National Health Service was founded in 1948. All patients were male until 1959 when it saw the first intake of 50 ladies and six newborn babies with their mothers. By the 1960s Broomfield had become a general hospital with just one chest ward.

Since then many new services and wards have been added to Broomfield Hospital and by 1984 these included an Accident &

Emergency Department, Pharmacy. Rehabilitation Department, Operating Theatres, Intensive Therapy Unit and new specialised wards. The original concert hall was converted to house a Medical Academic Centre In 1987 Princess Royal opened a new ward block. Work then started

on upgrading the east wing of the hospital and the west wing was demolished the following year.

Extensive development works continued throughout the 1990's and saw an increase in clinical space at Broomfield Hospital of more than 50%. On the 18th October 1996, John Major, Prime Minister, undertook the Topping Out Ceremony and the new "East Wing" was officially opened in 1998 by the then Trust Chairman, Sir Jeffery Bowman, former Nurse Tutor Margaret Craig and former consultant anaesthetist Dr David Walmsley.

More recently, a new hospital wing was completed and opened in November 2010.





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## Verifit Paediatric Equipment



Children needing checks for hearing problems are to have a better service in the community thanks to a special new portable scanner being taken out on the road by staff from Broomfield Hospital's paediatric audiology department. The equipment, a Verifit Scanner, has been funded by the Friends at Broomfield Hospital group and the former Chelmsford Deaf Club.

The new scanner means patients and their families will no longer have to come to the hospital, as staff can now see them in the community.

Sharon Comben, Audiology Manager at Broomfield Hospital said:

"We can take the Verifit Scanner out into the community, to either clinics or schools where we can test between 15 and 20 children at a time.

"This is much faster for us and means patients no longer need to book an appointment at the hospital. We can also visit babies and children at their home, which is far more comforting for them and their families.

"As a result, our patients are being treated quicker and we are providing a much better family friendly experience for them."

Members of Friends at Broomfield Hospital, volunteers were invited to visit the audiology department and were impressed with the difference the new scanner is making to youngsters and their families.

For more details about Friends at Broomfield Hospital visit www.fabh.org Pictured: Members of Friends at Broomfield Hospital being shown the new equipment by Sharon Comben and Joseph Munyonga Paediatric Lead audiologist.



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## **Hospital Information**

MAIN SWITCHBOARD TELEPHONE NUMBER 01245 326000

For more information, simply visit: www.meht.nhs.uk

#### VISITING

Broomfield Hospital welcomes visitors and understands the important part they play in patient's recovery. Family and friends are able to visit patients every day. The hospital's visiting hours vary from ward to ward, so please contact the main switchboard on 01245 362000 for information.

Visitors are respectfully requested to limit visits to two people at any one time where possible, and that they stay for short periods of time using the chairs provided by the patient's bed. This helps prevent the ward area becoming too noisy and overcrowded for those patients who need rest. If children wish to visit, please check with the nurse in charge for advice about this.

To reduce the risk of infection spreading, alcohol gel is available at the entrance to the wards and outside each bay and side room. All visitors are asked to use this on entering and leaving the ward.

#### BY CAR

Car parking is available for visitors and patients. However it is in great demand and so between the hours of 9am and 2pm please leave in plenty of time as it is sometimes difficult to park. Alternatively, if

possible please consider alternative ways of getting to the hospital.

#### Sat Nav Location:

Hospital Post Code: CMI 7ET

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A pay and display car park is in operation and ticket machines are cash only and do not give change. There is a change machine by the Cashiers Office in the Atrium.

#### BY BUS

Please see below the buses and route numbers that provide a service to Broomfield Hospital:

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Via Marks Tey, Coggeshall, Braintree, Gt Leighs
70X: COLCHESTER - CHELMSFORD
Via Braintree

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#### 42/42A1542

42: HOWE STREET - BROOMFIELD HOSPITAL - GALLEYWOOD. Via Town Centre, Tile Kiln

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Continued

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Via Gt Dunmow, Town Centre, Tile Kiln
542: GREAT DUNMOW - BROOMFIELD
HOSPITAL - CHELMSFORD
Services 42142A link Galleywood, Tile Kiln,
Chelmsford Town Centre, Broomfield Road,
Great Waltham, Dunmow and Stansted
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#### 40

40: CHELMSFORD - GREAT BADDOW (BAE SYSTEMS)
Via Town Centre, Meadgate Estate,

Service 40 serves the Hospital every 30 minutes.

#### 47

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47: CHELMSFORD - BROOMFIELD HOSPITAL Via Springfield Park, Chelmer Village, Sainsburys Store, North Springfield Service 47 from Chelmer Village serves the Hospital every 30 minutes.

#### CASH POINTS. POST BOX AND PAY PHONES

Cash dispensers and post boxes are located inside entrances C and F. Pay phones are at various locations around the site.

#### **HOSPEDIA**

Hospedia is a service available to patients throughout the hospital offering free radio and a variety of TV packages which include free outcome calls to 01, 02 and 03 numbers for the duration of any

package bought. Also included in the package are free games and Internet access.

Card machines are located around the hospital, as well as Hospedia Representatives visiting wards daily to assist with any problems or to help purchase credit. They can also advise you on the best package for your stay. You can also pay by Debit or Credit card. Hospedia staff are on site Monday to Friday between 9am - 6.30pm and Saturdays between 9am - 2pm.

For more information, please visit **www.hospedia.co.uk** 

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DIAL U.K	01302 310123
Disabled Living Foundation Helpline	0845 130 9177
Drinkline	0800 917 8282
GamCare (for gamblers and those affected by problem gambling)	0845 6000 133
Gingerbread Advice Line for Lone Parents	0800 018 4318
National Council for One Parent Families Lone Parent Helpline	0800 018 5026
National Debtline	0808 808 4000
National Drugs Helpline	0800 77 66 00
National Missing Persons Helpline	0500 700700
NHS Direct	0845 46 47
NSPCC Child Protection	0808 800 5000
Parentline Plus (practical help & information for parenting)	0808 800 2222
Refuge Domestic Violence Helpline	0808 2000247
Relate	0845 4561310
Release (drugs and legal advice for users, families & friends)	0207 7299904
Salvation Army Family Tracing Service	020 7367 4747
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