

Friends

of Broomfield Hospital



Handbook 2012

FREE

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GUM (Sexual Health) Clinic

Chelmsford and Essex Centre
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Contact us on: **01245 315901**

What does a GUM clinic do?

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About us

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Our Team:

Consultant: Dr. D. Coelho.
Lead Nurse: Lorena Allinson.
Clinic Sisters: Gail Brown and Barbara Phillips.

Opening hours are: Chelmsford and Essex Centre site

Monday : 11.00am - 7.30pm
Tuesday : 9.00am - 7.30pm
Wednesday : 11.00am - 7.30pm
Thursday : 9.30am - 5.00pm
Friday : 9.00am - 3.30pm

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Friends of Broomfield Hospital (The League of Friends of Broomfield Hospital) is a registered charity, no. 260377, providing additional equipment and other benefits for patients, staff and visitors.

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Introduction

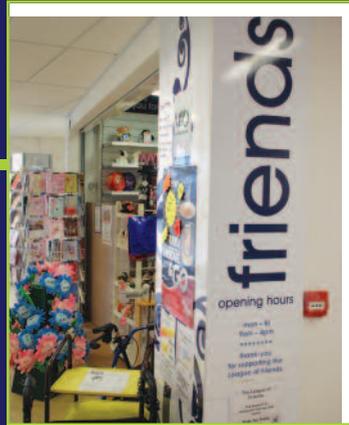
For 60 years volunteers from the Friends of Broomfield Hospital have been helping to make it better for patients, visitors and staff at the hospital with donations totalling hundreds of thousands of pounds.

It's a significant achievement by the volunteers of the charity group who continue to help provide the best possible care.

Last year the Friends donated more than £60,000 to fund specialist medical equipment and other benefits and support for patients. In 2010 it was nearly £40,000 and in 2009 nearly £52,000.

The group of about 50 volunteers run two small retail shops at the hospital, one in the new atrium development and another close to the entrance of the South Wing. Both shops sell a wide range of goods, from sandwiches to newspapers and greetings cards. A daily trolley service also makes sure that patients and visitors are given the opportunity to shop. Other patient comforts are supported with a library service, again operated from a trolley service.

It's the income from these services that is donated to benefit patients. Friends' treasurer Allan Hodson estimates that during the 60 years more than £1 million has been donated and he's still counting. Allan, who regularly wheels the retail trolley around the wards, said: "In the early days the donations were of course much less than today but they still made a big difference."



The team of volunteers are organised by manager Barbara Coupe and Jenny Gillingham who manage the shops, they have both been dedicated volunteers for many years. They co-ordinate the rotas of volunteers keep the shops open six days a week and the trolley service rolling seven days a week.

Barbara said: "We're really lucky to have such a terrific team of volunteers. The work is rewarded by what it achieves for all the patients and on top of that we all really enjoy what we do."

Make your day and help make it better for patients - volunteer for the Friends.

Call **01245 445285**.





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Fax. 01245 346107
Email. information@ageukessex.org.uk



www.ageukessex.org.uk

Welcome

You really do have to be impressed with the achievement of volunteers at the Friends of Broomfield Hospital.

You cannot help but be impressed with the dedication and effort they give year after year. Last year alone that commitment meant that more than £60,000 was donated to help patient care.

It's a commitment which involves some 50 volunteers who run the two shops and trolley services each week. The ward trolley service was even undertaken on Boxing Day.

You may have noticed that this year the group has slightly changed its name from the League of Friends to the Friends of Broomfield Hospital. It is part of the change that has happened throughout the hospital during the past year or so.

However, this change will not diminish the aims of the Friends as they take on the challenge of competition in the hospital. It has spurred the team to offer other products for sale and raise the profile of the Friends so that more people will become aware of what the group achieves.



When I was asked to take over as Chairman from John Hughes, I knew little about the work and achievements of the Friends. Now that I do know, I can't help but be impressed.

I do hope that you too will be impressed with the information in this handbook and support the Friends as they support patients, staff and visitors at Broomfield Hospital.

Stuart Rawlins

Chairman



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Shopping with Friends

The two Friends shops, friends2 shop at the end of the atrium in the main entrance and the other at the South entrance, are managed by two of the charity's leading volunteers, Jenny Gillingham and Barbara Coupe.

For Barbara, it all started 20 years ago when her friend's husband was Chairman and the Friends needed volunteers at weekends to man a trolley in the foyer. Fourteen years ago Jenny Gillingham came to work with the Friends and four years ago helped take on responsibility for volunteers and running the shop.

Jenny and Barbara get along famously, thoroughly enjoying their working time together. Barbara used to run her own hairdressing business and with two young children, led a very busy life but as an admirer of the NHS she felt that it was an honour to give something back. Today Barbara enjoys the buzz of business and making money for the Friends. She regularly helps out in the shop or wherever required and handles the banking, bill paying or book-keeping. Barbara, pictured right, says: "All those years ago the shop was a shed on the square but the hospital eventually gave us a room in the entrance and we doubled the shop size."

Jenny's mother has been a volunteer for the Friends for about 22 years which is how Jenny, pictured right on the right in friends2 shop, came to join. The more time she spent working with the Friends, the more she enjoyed it and consequently became more and more involved.

For most of her life Jenny has been in and out of various hospitals as a patient and she feels that her work for the League is a perfect way to give something back and finds it very satisfying to know that all profits made go directly back to the hospital. Jenny is a member of Changing Faces which is a charity helping people with facial disfigurements.



friends1 shop is just inside the South Entrance
friends2 shop is at end of the atrium in the Main Entrance next to A111

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A Word From Our Treasurer

How did I become Treasurer? Like all ex-bankers as soon as the post becomes vacant everyone assumes you know everything about book-keeping and you always seem to get elected.

I was employed by the Midland Bank (HSBC) for 32 years and then by the Helena Romanes School as their Finance Manager for the next 20 years.

Two years ago I retired and after six months I could not accept the lack of contact with the public, whilst in the Hospital Shop I saw an invitation to volunteer and some weeks later I met Jenny. She explained volunteers were needed in the shop or on the trolley rounds, I decided to volunteer for the trolley rounds as this would give me some exercise.

Some months later I was invited to join the Committee as they had very few male members – a situation which still exists today.

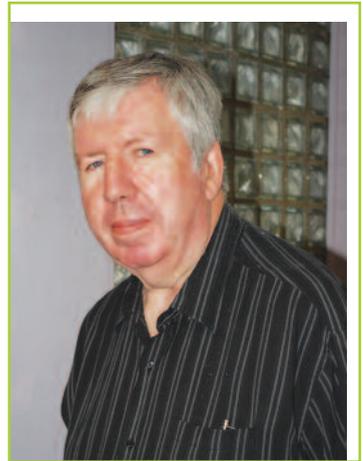
I have been involved in charity work and fundraising for nearly 60 years, with the Scouts, British Heart Foundation, Round Table and various schools, helping to organise in many things, firework shows, jumble sales, formal dinner dances, grand draws and christmas fairs.

My role is to keep the books and pay all the administration bills, plus draw the cheques to purchase equipment for the hospital which has been agreed by the Committee, to bank all donations and profit from the shops and trolley rounds plus investing the funds to obtain the maximum interest without risk.

I enjoy being a volunteer as it gives me a chance to help the patients to purchase items they need often at a time when no relatives or friends are available and perhaps having a few words with them I can bring a little pleasure into their day.

Allan Hodson

Treasurer



Donations

The Friends of Broomfield Hospital, known to many simply as “The Friends”, provides amenities for the benefit of patients, visitors and staff, and purchases equipment which the Hospital Trust itself is unable to fund.

I have been fortunate enough to have had a great deal of involvement with the Friends of Broomfield Hospital — as Charity Support Officer for the Mid Essex Hospitals and it is an enormous privilege to work along side this band of volunteers who give of their time to help those who need it, not only providing extra services and amenities for staff and patients from funds they raise, but provide through the shop and trolley volunteers a vital service to the hospital.

In the early days of the NHS it was clear that all patient needs could not be provided by the Welfare State, and what used to be called the League of Friends was formed to provide what was missing. The modern League of Friends began in 1949 with a new National Association of Friends. The then Minister for Health, Aneurin Bevan, welcomed personal, voluntary efforts by caring individuals to support the work of the National Health Service launched in the same year.

Yvonne Carter



2010

Orthopaedics dept – shoulder operating table	£17,500
Elgar manual recliner chairs	£1,763
Book for Mortuary	£15
Operating couch – minor surgery	£10,800
Orthopaedic spinal brace	£500
Burns ICU – essential items pack for parents	£600
Overnight bed/chairs for carers	£900
St Andrews – patient fridge	£300
Children’s Ward – medical equipment	£5,500
Christmas gifts for patients	£2,000

£39,878

2011

Head and Neck Appeal	£12,000
Planned care – two vacuum pumps	£5,500
Ward 17 – tabs, mattress bed sensors etc	£8,723
Corneal transplant equipment	£15,000
Portable scanner - Gynaecology	£18,000
Christmas decorations	£1,000
Water for the Mortuary	£60

£60,283



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If you do not have a regular dentist, then why not call the Dental Helpline on **01245 459462** and you will be offered some choices of dental practices, near to where you live, where possible. The Dental Helpline operates from 9am to 5pm daily (Monday to Friday). Alternatively, you can also view our Patient Information leaflet for Dental Services online via the weblink: www.middlessex.nhs.uk (listed under Your Local Services), or contact NHS Choices website for details: www.nhs.uk/Pages/HomePage.aspx

Children receive **FREE NHS** dental treatment, so don't delay and book an appointment today. Looking after your childrens teeth now will prevent tooth decay in the future.

The dentist will be able to advise your child/children on different brushing techniques, how often to brush, and also on diet – good foods and bad foods. Some practices may even give you free oral health education stickers or promotional items.

Keep your children smiling! Book a check up today!

Swift House, Hedgerows Business Park, Colchester Road, Chelmsford, Essex CM2 5PF

Ministerial Support

It gives me great pleasure to show support for the Friends of Broomfield Hospital and wish them all the very best on their 60th Birthday.

The Friends do a wonderful job, they make the stay of our patients here at Broomfield a lot easier by supplying a shop, trolley and library service. Volunteers of the Friends give their time on a voluntary basis and they all do a fantastic job. Let me take this opportunity to say to each and every one of them, "Thank you for your support and dedication."

The Friends of Broomfield Hospital carry out an invaluable service on a day to day basis, whether it be the selling of sweets, sandwiches or newspapers from their local shop, or indeed their very comprehensive range of disability equipment in their Friends 2 shop. Wherever you are at Broomfield, please do visit the Friends and if you have time on your hands, why not consider volunteering for the organisation itself, I am sure they would be most pleased to hear from you.

I wish the Friends at Broomfield Hospital all the very best for the future.

Simon Burns

Minister of State for Health and MP for Chelmsford



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- ADVERTISEMENT FEATURE -

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and come a dab hand at folding them in a multitude of ways or simply stick to an all in one which goes on just like a disposable, but with out having to throw them in the bin after a nappy change!

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If you're more concerned about your impact on the environment, by following simple washing tips, like washing on a full load at 60 degrees, then using cloth can be 40% better for the environment than using disposables.

For more information on cloth nappies and to find out the latest offers or to join the Essex Cloth Nappy Network visit www.essex.gov.uk/nappies

Join Us

The Friends of Broomfield Hospital provide many amenities and comforts needed by patients.

Examples of help include:

- Three monitors for the stroke ward (£30,000)
- A donation towards the purchase of Urology Laser (£25,000)
- Two Pegasus beds (£3,000)

The Friends also finance projects such as:

- Arts project photographic gallery
- Christmas tree and ward decorations

How you can help your hospitals:

- Become an active member of the Friends of Broomfield Hospital
- As a voluntary helper in the hospitals
- All donations are welcome, particularly Gift Aid

Information is available from:

The Secretary,
The Friends of Broomfield Hospital
Broomfield Hospital,
Court Rd,
Chelmsford

Complete the form on page 39 of this magazine or pick up an application form from the shop.

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Internal Zones Map



Use this map to help plan your journey

This map is also located at Information Points in the hospital and can be viewed on the Self Check-in kiosks





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A Word From Our President

I would like to take the opportunity to welcome you to the 6th edition of the Friends of Broomfield Hospital magazine.

We are a fundraising body whose aim is to raise funds to benefit hospital patients. We have for many years run the Broomfield Hospital Shop, newspaper trolley service and library. Every penny of the profit we make is given to the hospital for the purchase of equipment requested by doctors and other medical staff. Our aim is to help provide the very best patient care possible and this is our priority when deciding just where the money goes!

As an organisation, I cannot speak highly enough of the Friends and if you are considering joining us, please contact Jenny Gillingham on 01245 443285 who will be only too pleased to hear from you.

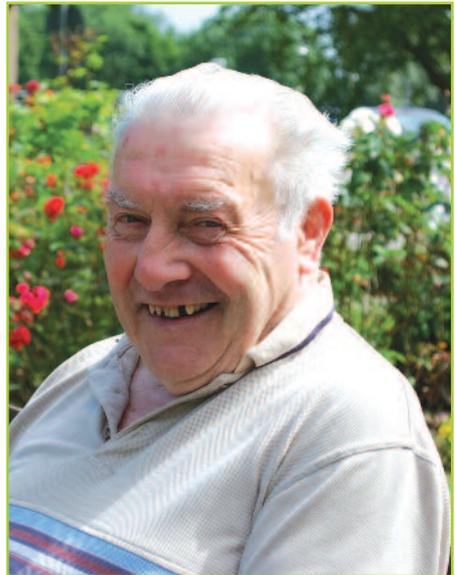
Finally, I really must take this opportunity of thanking all the advertisers in this publication for their support, you really help to make a difference.

Best wishes,

John Hughes

President

The Friends of Broomfield Hospital



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99%

**30
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Changing Faces



Changing Faces is the leading UK charity that supports and represents people who have disfigurements to the face, hand or body from any cause.

The charity was founded in 1992 by our Chief Executive James Partridge OBE, who was injured in a car fire when he was 18 years old.

Today we have a team of 25 professionals who have expertise in psychology, education, employment, health and social care, media and campaigning.

Our work involves:

- Providing personal support for children, young people, adults and families.
- Working with schools, employers, health and social care professionals to ensure a culture of inclusion for people with disfigurements.
- Campaigning for social change by working with the media, government and opinion leaders.

A “disfigurement” is the generic term for the aesthetic effect or visual impact of a scar, burn, mark, asymmetric or unusually shaped feature or texture of the skin on the face, hands or body.

Over one million people in the UK have a disfigurement to the face, hands or body from many different causes.

Through Changing Faces, people who have disfigurements and their families can find the information, support and advice they need to

handle difficult situations in the street, feel accepted at school and be treated with fairness and respect in the workplace. Please support us; changing faces really does make a difference!

As a registered charity (no: 1011222), we rely very heavily on fundraising support and as such we would love to hear from individual supporters, schools, community groups and associations who would be willing to raise funds for Changing Faces.

There are many ways in which funds can be raised from organised golf days to a summer fete. You could even ask friends and family to donate money to Changing Faces rather than buying you a gift.

If you are studying at college or university, please put forward Changing Faces as your Charity of the Year or beneficiary of your Rag Week activities.

Looking for inspiration?

Call Alison Rich on **0845 4500 275** or send an email requesting a fundraising pack to: info@changingfaces.org.uk.

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Trolley Service

Dick and Sandra Fegan can be seen around Broomfield Hospital three times a week, don't be afraid to stop them for some goodies!

Working as a team, Dick and Sandra have been providing a trolley service for the Friends for about two years now and they volunteer in the morning on Tuesday, Wednesday and Sunday. During this time, they cover the whole of the Hospital, "It certainly keeps us fit, we do half of Broomfield on a Tuesday and Wednesday and the whole of the hospital on a Sunday, so we do get about a bit."

The trolley service provides an invaluable means of obtaining papers, sweets, toiletries and some general items around the hospital wards. Dick and Sandra became involved after their son-in-law spent some time in Broomfield as a patient. Whilst visiting they happened to see an advert appealing for trolley service volunteers in the hospital shop so they applied. "We really enjoy chatting to the patients, it hopefully brightens their day and it certainly brightens ours! For us, it's a chance to give something back, we find our volunteering extremely fulfilling."



Dick and Sandra Fegan



Marion Garner and Reg Gwilliams

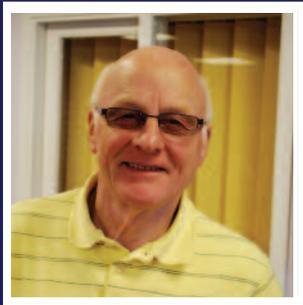
Both Dick and Sandra love football, with Dick following Fulham and Sandra supporting Arsenal, they also enjoy sight seeing both in the UK and abroad. They have travelled extensively and have spent some time living in Spain but they are back to stay now so look out for them and their trolley on the wards!

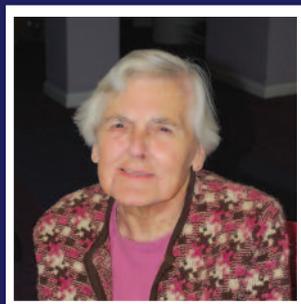
Marion Garner began working for the Friends back in 2001 as a trolley lady four to five days a week. She is still there today and in the last six months her partner Reg Gwilliams has been helping out at the weekends and both enjoy working together.

They have both worked for the NHS, (Marion for 26 years and Reg for 34 years) dealing with the maintenance for all the five hospitals; St Johns, St Michaels, St Peters, Broomfield and William Julien Courthauld. They thoroughly enjoy their volunteering work finding it very rewarding and feel they are able to give something back to the hospital.

Since they have retired they have joined various clubs. They also enjoy classic cars, walking and their latest interest being bowls. They have made many new friends through these interests and their volunteering work.

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Library Trolley Service

As well as the Ward Trolley round we also have our Library Trolley Service where our volunteers visit the wards and departments throughout the hospital bringing a friendly face and a chat to patients. The service runs on Tuesday and Thursday mornings and on the trolley is a wide selection of books for patients to choose from.

Roger and Marion Gardiner are two of our current library volunteers, having been introduced to volunteering through our close relative.

Roger has been retired for about four years after 25 years as an Engineer Surveyor/Risk Assessor for a large insurance company, although he does still do some consultancy work for a small engineering company in Billericay. Marion has had various part time roles over the years but ceased working a couple of years ago. They both found they had some spare time and volunteering has been the answer, it has given them the perfect opportunity to put something back into the community.

“A large part of taking the library trolley to the wards is a little light conversation with certain patients who perhaps don’t receive many visitors and this is certainly no hardship for me, I enjoy getting into conversations with people” says Marion. Volunteering suits my nature and I am very much a people person.



Roger’s love of reading and being able to help choose a suitable book for a patient’s reading taste makes this an ideal volunteering role for him. “As yet no-one has told me that the item I chose for them was rubbish, but perhaps that is because people are just being polite” says Roger.

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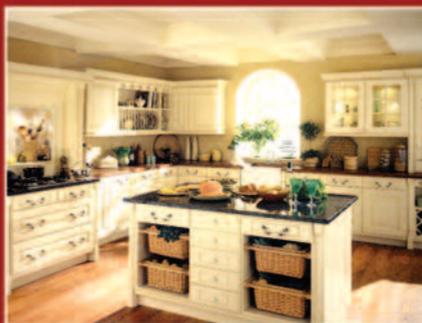
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For more information on the ride out and foundation, please go to the Scott Hardy website: www.scotthardyfoundation.org.uk

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- A goldfish has a memory span of three seconds.
- A 'jiffy' is an actual unit of time for 1/100th of a second.
- A shark is the only fish that can blink with both eyes.
- A snail can sleep for three years.
- Al Capone's business card said he was a used furniture dealer.
- Almonds are a member of the peach family.
- An ostrich's eye is bigger than its brain.
- Butterflies taste with their feet.
- Cats have over one hundred vocal sounds. Dogs only have about 10.
- 'Dreamt' is the only English word that ends in the letters 'mt'.
- February 1865 is the only month in recorded history not to have a full moon.
- In the last 4,000 years, no new animals have been domesticated.
- It's impossible to sneeze with your eyes open.
- Leonard Da Vinci invented the scissors.
- No word in the English dictionary rhymes with month, orange, silver or purple.
- Our eyes are always the same size from birth, but our nose and ears never stop growing.
- Peanuts are one of the ingredients of dynamite.
- Rubber bands last longer when refrigerated.
- 'Stewardesses' is the longest word typed with your left hand and 'lollipop' with your right.
- The average person's left hand does 56% of the typing.
- The cruise liner, QE2, moves only six inches for each gallon of diesel that it burns.
- There are more chickens than people in the world.
- There are only four words in the English language which end in 'dous: tremendous, horrendous, stupendous, and hazardous.
- Tigers have striped skin, not just striped fur.
- Winston Churchill was born in a ladies' room during a dance.

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Members' Profiles

Doreen Williams

Now retired after many years in local business, Doreen works between 8-12 hours a week as a sales assistant in the patients shop.

Doreen has had brief stays in hospital herself over the years but her mothers cancer treatment in 1999 really motivated her to become involved in volunteering as she will forever be indebted to the doctors and nurses for the kindness and attention shown to her mother.

Doreen says, "I started by volunteering on the Help Desk escorting patients around the Hospital, I then worked on the Shop Trolley before moving in to my current role. It's my way of saying thank you to this hospital and its staff, I find it incredibly satisfying just doing a tiny bit to help raise funds."

During leisure time Doreen enjoys her garden, walking, reading and visiting friends in Norfolk.



Barbara Coupe

For Barbara, it all started 20 years ago when her friend's husband was Chairman and the Friends needed volunteers at weekends to man a trolley in the foyer.

Barbara says, "All those years ago the shop was a shed on the square but the hospital eventually gave us a room in the entrance and we doubled the shop size."

In those days Barbara ran her own hairdressing business and with two young children, led a very busy life but as an admirer of the NHS she felt that it was an honour to give something back. Today Barbara is a committee member who really enjoys the buzz of business and making money for the Friends. She helps out in the shop twice a week wherever required whether that is banking, bill paying or book-keeping.

Nine years ago Jenny Gillingham came to work with the Friends and four years ago took over responsibility for volunteers and running the shop, Jenny and Barbara get along famously, thoroughly enjoying their working time together, "It's lovely that the shop is in good hands and that I get much more time on the golf course", says Barbara.



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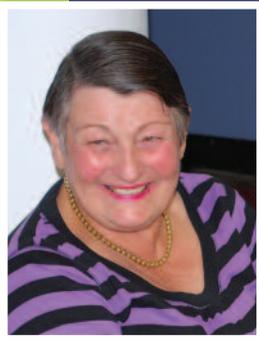
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Members' Profiles

Pauline Trodd

Following a successful career as a dental practice manageress for 30 years, Pauline decided to take voluntary retirement aged 69. She always knew she would miss the buzz of the workplace and when in July 2007 her thoughts turned to voluntary work, she decided to join the Friends of Broomfield Hospital and has been volunteering in the hospital shop ever since.

Pauline enjoys working with no pressure and thoroughly appreciates being told by customers what a good job the Friends do as it really does make it all worthwhile!



Iris Budd

Iris has been volunteering since 1991 she works in both shops on a fortnightly basis and fills in also when necessary helping out her daughter Jenny who manages the shops.

She enjoys her work, as it gives her the opportunity to meet lots of new people and make new friends.

"It is very rewarding, being able to give something back to the NHS after a lifetime of being on the receiving end of lots of treatment for my family" says Iris.



Jaya Shree Ramanathan

Jaya has been working in the shop since 2005 having been introduced to volunteering through a friend.

Working on Wednesday mornings Jaya's work involves serving customers and stocking up shelves, organising the magazines and books and returning the old ones to suppliers.

Jaya finds helping a good cause very rewarding and enjoys meeting people and being useful.



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Members' Profiles

June Jackson

Following her retirement at the end of 1996 June enquired about volunteering for the Friends. Since this time she has worked in the Shop one afternoon a week. June also attends all social functions supporting the Friends whenever she can. June finds her time in the shop stimulating, rewarding and she has also made some great friendships. June likes giving her time to the Friends and is also a member of the W.I.

In her spare time June likes reading, meeting friends and helping out her family who live in Surrey.



Doris Frewin

Doris has been volunteering the hospital shop for some three years.

Finding that she had some time on her hands, one of her granddaughters who is a nurse at Broomfield Hospital suggested that Doris consider volunteering with the Friends and she has not looked back since. Doris says, "Being a volunteer gives me the chance to meet new people and to feel useful."

Liz Foster

Liz began volunteering last March following her retirement from Bradford & Bingley at the end of 2008. She does a trolley round with her life long friend Kathy on a Wednesday morning and also helps out in the Friends of Broomfield Hospital Shop.

Liz knew that when she retired she wanted to continue to be involved with dealing with people. She loves going into the wards, meeting patients and staff and bringing 'a little cheer.'

Liz finds volunteering her way of being able to give something back to Broomfield Hospital for the care given to her husband and nephew who have both been treated at Broomfield. Sadly she has lost her nephew to cancer at the very young age of 24.

Away from her volunteering work Liz enjoys swimming, gardening and meeting friends.



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Members' Profiles

Diana Plowman

Diana is a shop volunteer and committee member. Her role is varied and involves ordering stock when Jenny (the shop manager) is on holiday, serving customers, filling shelves and fridges, returning magazines and papers and even sweeping the floor!

Diana likes to be useful and has a fair bit of time on her hands to devote to volunteering, she says, "Since the death of my twin sister nearly 17 years ago, I have been involved with charity shop work. I worked in the Marie Curie Cancer Care shop until its closure and I saw an article in the local paper about the Friends of Broomfield Hospital needing volunteers so I decided to give it a go - I'm glad I did because I thoroughly enjoy it and have been here since February 2004."

In her spare time, Diana enjoys reading, is a keen Arsenal supporter, a member of the National Trust and likes visiting steam railways. She also loves looking after her granddaughter.

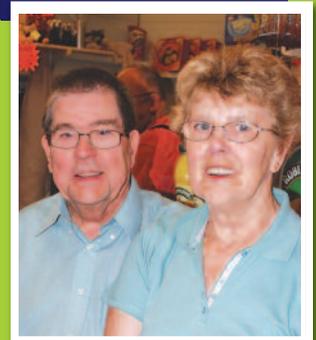


John & Sue Moore

When in October 2005 John and Sue heard Jenny Gillingham make an appeal for volunteers on BBC Essex Radio, they thought that volunteering could be just perfect for them.

They had both retired and were keen to help others while they were still young enough to do so and very much enjoy meeting new people. John and Sue travel from their home in Southminster to Broomfield, they work the late shift fortnightly and one Sunday a month when they bring along their granddaughter Hannah who is a really helpful and polite teenager.

Prior to their retirement John worked in engineering and now enjoys his computer, gardening and reading and Sue was a sailmakers machinist who now loves making greeting cards, carpet bowls and sudoku. Together they go marshalling at grass track meetings, which is how they first met.



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THE QUIZ!

Test your general knowledge with these brain twisters! Get 13 correct and you're a BIG BRAINIAC!

Answers on page 60

1. In the military, WHAT is the official name of the oldest military corps in Britain?
2. In January 2001, WHICH Rolling Stones' singer agreed to pay child maintenance to Brazilian model Luciana Morad?
3. In football, goalkeeper David Seaman moved to WHICH London club in May 1990?
4. In WHAT year was conscription introduced to Britain? 1913 or 1916?
5. On WHICH coast of the United States is the city of New York?
6. In music, is a crochet a musical note or an instrument?
7. In sport, WHICH Australian sprinter lit the flame at the start of the Sydney Olympics?
8. In history, WAS Sedgemoor or Culloden the last pitched battle to be fought on English soil?
9. In the animal kingdom, WHAT 'M' is a large, colourful, long-tailed member of the parrot family, native to the American tropics?
10. In religion, 'Haredim' are followers of WHICH faith?
11. WHAT 'T' is a country in the centre of the Republic of Ireland, in the province of Munster?
12. In the USA, Delano was the middle name of WHICH twentieth century president?
13. At WHICH sport did Mark Williams become world number one in the year 2000?
14. Henley-on-Thames in Oxfordshire is known for its Royal...WHAT?
15. In literature, the characters "Flopsy", "Mopsy", and "Cottontail" were created by WHICH children's author?



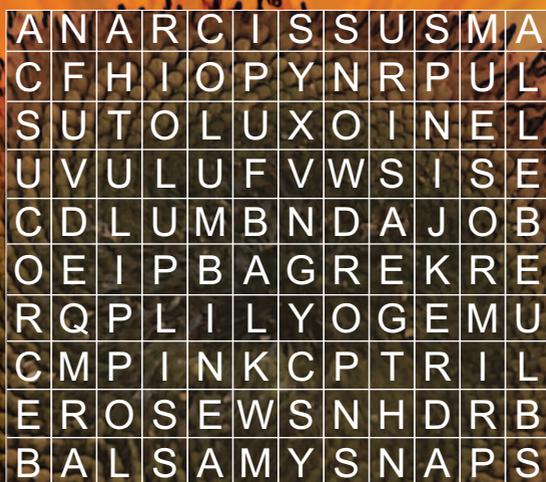
Answers
on page
60

GUESS THE ALBUM COVER



Can you name the Artist, and the album from these close ups?

Wordsearch



Hidden in the sunflower wordsearch you will find 13 flowers. They may be found across, down or diagonally in any direction. The flowers to find are:

NARCISSUS, COLUMBINE, SNOWDROP, PRIMROSE,
BLUEBELL, BALSAM, CROCUS, LOTUS, PANSY,
TULIP, ROSE, PINK, LILY.

Answers on page 60

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Answers

The Quiz page 55

1. Yeoman of the Guard (not Beefeaters!)
2. Mick Jagger
3. Arsenal
4. 1916
5. East Coast
6. A musical note (a quarter note)
7. Cathy Freeman
8. Sedgemoor
9. Macaw
10. Judaism (accept Jewish)
11. Tipperary
12. Franklin D Roosevelt (accept Roosevelt)
13. Snooker
14. Regatta
15. Beatrix Potter

Guess The Album Cover page 56

(left to right)

U2 - War

Guns 'n' Roses - Appetite for Destruction

Coldplay - Parachutes

Alphabeat - This is Alphabeat

The killers - Sawdust

Kings of Leon - Only by the Night

Beyonce - Dangerously in Love

Michael Jackson - Dangerous

Green Day - American Idiot

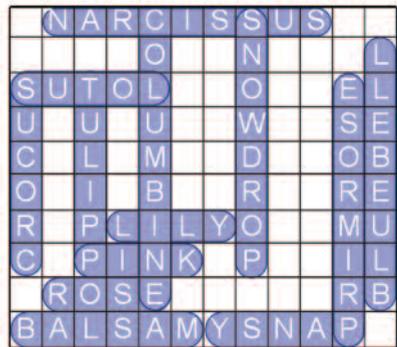
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Wordsearch page 57



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