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Chairman's Welcome

Good healthcare in hospital is something we all want for our loved ones and ourselves. When that care can be backed up and strengthened by volunteers dedicated to helping patients and their families, then it can be second to none.

Broomfield Hospital's staff always aim to give a high level of expertise and empathy and their good work is given an extra dimension by the Friends at Broomfield Hospital, a group of people who fundraise to provide extra equipment and facilities at the hospital to help patients and their families.

I am proud to be the Chairman of the Friends and I am delighted that the money raised by our volunteers is making such a difference across many wards and departments at Broomfield Hospital.

The vast amount of medical equipment, the extra comforts for patients, visitors and staff and the ongoing support provided by the Friends is of such enormous value.

Over the years the equipment purchased has often been cutting edge and has helped many services develop when budgets were severely curtailed. We are able to help when needed and that is what we are here for, to support Broomfield Hospital, for the benefit of patients, visitors and staff.



Our volunteers run and staff our two shops at the hospital, take the trolleys around the wards, including the library trolley and present a friendly face to patients, staff and visitors.

The time and effort given on a daily basis is as vital now as it was 70 years ago when the group was first set up as the hospitals League of Friends. So, I would like to thank all of our volunteers, the staff at Broomfield Hospital and all those who support the Friends, for working together to make such a positive impact.

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Alison Douglas, Chairman
Friends at Broomfield Hospital



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Welcome From The Chairman Of Mid Essex Hospitals

Mid Essex Hospital Services
NHS Trust



"Welcome from the Chairman of Mid Essex Hospitals. It is an enormous privilege for me to be given this opportunity to contribute to the Friends magazine this year.

I am not a complete stranger to Broomfield Hospital. I was here as interim Chair (for a seven month period) having been brought in to deal with the financial issues of the PFI, as we started to build the new hospital. I still have the photos of me in a digger turning the first sod! It's fantastic to be back at Broomfield all these years later.

This time around, I was appointed as the Trust Chairman on the 1st February 2019 and it remains very apparent to me what an enormous contribution the volunteers from the Friends make to Broomfield Hospital. This "welcome" affords me the opportunity to thank them for the commitment that they give to the hospital.

The volunteers give so generously of their time, and support the Trust in so many ways. The hospital shops are a focal point for many patients, staff and visitors and they are staffed entirely by volunteers who provide a first class and friendly service. Patients who are unable to leave the wards are not forgotten as they benefit from the shop trolley and library service, again run by the volunteers.

The Friends provide both financial support and practical help to the hospital and work alongside our staff to improve and enhance the experience for so many of our patients, carers and visitors. We have received an extra-ordinarily generous contribution towards our Robotic Surgery Appeal of £50,000 and most recently, generous donations to many services including equipment for the new frailty unit, monitors requested by the end of life care team, as well as continuing to support our dementia project.

On behalf of the Trust, I would like to say how much we appreciate the help and support the Friends give us and look forward to continuing this good working relationship for years to come. What a wonderful example it is of local people helping their local health service.

Alan Tobias OBE, Trust Chairman
Mid Essex Hospital Services NHS Trust



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NHS Trust



It is always a great pleasure to have an opportunity to say THANK YOU to the Friends at Broomfield Hospital.

In my position as the Trust's Charity Manager, I know only too well that the success of fundraising relies entirely on those people who give up so much of their own time to help others. I continue to be amazed by the energy and commitment shown by all the volunteers. Each and every member is an inspiration to us all, from

those who work in the shops, take around the daily trolley and organise the library service, to those members who sit on the committee.

In this year's magazine you will see examples of how the Friends have spread their generous donations over a broad range of services for maximum effect to enhance the patient experience. It has also enabled our doctors and nurses to fund specialised medical equipment over and above what would normally be provided by the health service as well as supporting our robotic surgery appeal with an extra-ordinarily generous donation of £50,000.

Alongside these tremendous donations, the Friends provide our patients and visitors with a friendly and welcoming smile, which goes such a long way to make the time spent in hospital a little more bearable.

The Friends at Broomfield Hospital are most definitely an important and fundamental part of hospital life, and I look forward again to being of assistance to the committee in their plans for the future.

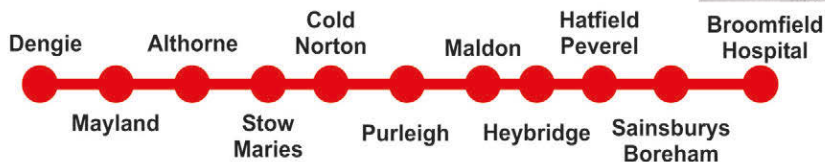
Yvonne Carter, Charity Manager
Mid Essex Hospitals Charity

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Presentation Of Donations And Equipment



Donations & presentations key:

1. Da Vinci Robot
2. Cleft Palate Service
3. St Andrews out patients chairs
4. Second Dementia friendly garden
5. Speech and Language Therapy equipment





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Donations 2018/19

Donations to Broomfield Hospital 2018

Dementia Ward Chairs	£12,650
Theatre Robot	£12,000
Christmas decorations and presents	£1,000
A&E refurbishment	£6,000
Cleft palate equipment	£6,000
Grounds and gardens	£2,231
Bladder Scanners	£7,500
Picture frames	£120
Specialist wheelchairs	£864
Fermurrett walking frame	£1,380
Ward donation prizes	£175
Thermometer cards	£2,600

Total £52,520

Donations so far to Broomfield Hospital 2019

Robot donation	£7,000
Additional robot donation	£14,000
Toiletries for wards	£152
Glideaway bed	£395
Pressure mattresses	£3,400
Refurbishing childrens A&E	£3,000
New garden furniture and waiting room	£6,000
Wash bags	£500
10 syringe pumps for end of life care	£10,000
Beko upright fridge	£299
Training and discussion aids for urology	£2,500
Additional breast pumps for cleft palate service	£2,000
Refurbishment of day room	£2,000

We hope to donate £70,000 in this year to celebrate our 70th birthday



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Come And Support Our Shops



and staff who cannot get down to the shops.

This shop is run by Jenny Gillingham and Barbara Coupe who work tirelessly to make sure that it runs as efficiently as possible, ordering stock and ensuring that the latest trends are taken into account. For instance we now stock vegan and gluten free sandwiches and salads to reflect changing tastes.

Our two shops are run on the Broomfield site by our great volunteers. **Shop 1** is situated in the south entrance, and sells great coffee, sandwiches and other lunchtime snacks, fruit, newspapers, magazines, confectionery and other hot drinks. It also holds a great selection of gifts and has a freezer full of ice cream and lollies. It is a very busy shop providing a much needed service to those at the top of the Broomfield site.

It is open throughout the week until 6.00 p.m. with three different rotas of volunteers manning the tills and busily restocking items through the day. It is also used as a base by our trolley volunteers who stock up their trolleys early in the morning and set off round the wards and departments providing a vital service to those patients

We also comply with the government regulations about the reduction in our stock of high fat and high sugar items, by ensuring we comply wherever possible with the legislation.





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A hardworking and attentive team really focus on the needs of residents treating them as the individuals they are, designing a unique care plan to meet their needs.

Situated in peaceful hospital grounds in the coastal market town of Maldon in Essex, St Peters Court is a few minutes' drive from the A12.

To book an appointment to look around or for further information, please call 01621 840 466



Come And Support Our Shops

continued



Shop 2 is located in the new Atrium right at the end of the space next to the second lifts.

This also stocks, sandwiches, cakes and other lunchtime snacks, really good coffee and other hot drinks, papers, toiletries and gifts and cards, and always has a great selection of soft toys. This shop is open until 4 p.m. and is also manned by our great volunteers. This shop is run by Janet Warn who makes sure everything ticks over and is well stocked to meet demand.

As our shops and trolleys are manned by volunteers, we do not pay any salaries. This means that every penny of profit made can be used to fund much needed equipment and services for the hospital. The shops are a vital part of the life of the hospital with our volunteers giving service with a smile, trying to brighten up each day for customers, patients and staff, and often going that extra mile.





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The Friends At Broomfield Hospital Fund £40,000 Equipment To Help Patients With Difficulty Swallowing



*The Friends at Broomfield Hospital and the
Speech and Language Therapy Team with the equipment*

The Friends at Broomfield Hospital have funded state-of-the-art technology to enable the Speech and Language Therapy team to provide advanced assessment for patients with swallowing and voice disorders.

Fibreoptic Endoscopic Evaluation of Swallowing (FEES) will benefit a wide patient group who present with oropharyngeal dysphagia (difficulty swallowing). People with dysphagia frequently include those with neurological disorders, patients who have had an acute stroke, and those who have

undergone treatment for head and neck cancer.

The use of this equipment is designed to reduce the risk of malnutrition, dehydration, aspiration pneumonia, prolonged tube feeding, readmission and to allow for a safer and faster discharge from hospital. It is also of benefit in the use of Videostroboscopy; allowing for detailed assessment and management of voice disorders. The equipment will be operated by speech and language therapists.

The Friends - Celebrating 70 Years

We have raised over £1.2 million and counting



Broomfield hospital staff in 1949

In 1940 Broomfield Hospital was built as a sanatorium for the treatment of tuberculosis patients, whose hospital stays could be anything between 6 months to about four years.

Towards the end of the second world war 50 per cent of the patients were ex-servicemen, who could of course come from all over the country. In 1948 the National Health Service was born, and a year later in 1949, a small group of philanthropic people got together to provide small comforts to these patients who were often a long way from home and family. They did whatever they could to make the patients lives a little more comfortable, giving soap, shampoos and other small gifts.

This small group grew and in 1957 they were first registered as the League of Friends charity whose only aim was to

support Broomfield Hospital. That charitable aim is still the same today. The membership grew, as more people volunteered to help. The charity then decided to open a shop which operated out of a small shed at the front of the ward block (near where the mortuary is now). They sold sweets, drinks etc to the visitors and staff and the shop was manned entirely by volunteers, with all profits

continuing to purchase small comforts for the patients.

Over the years the profit from this trading grew to such an extent that small items of much needed equipment began to be purchased by the Friends, like bedside tables and curtains. A trolley service was set up to visit patients, then later a library service. A larger shop was opened in the ward block with a second one opening in the Atrium many years later. Larger and larger pieces of equipment were purchased as the years went on, and trading in the busy shops increased ,supported by patients, staff, and visitors.

All the staff were volunteers and continue to be so, which enables all profits generated to be used for the Hospital. The Friends give on average £50k to £60k in grants every year, responding to requests that come directly

Then.....And Now



Original ward blocks



A Parker Bath donated to the Chest Ward in the 90's



The new Da Vinci surgical robot

from the Trust. These requests vary from medical equipment, grants to enhance the environment both inside and outside the hospital (hence the bats - see page 45 for more information), grants to support the staff and of course grants to help the patients so they have a positive experience whilst in hospital. These include toiletry bags, grants to the dignity project for clothing, the enhancing of day rooms, gardens and artworks.

Our only purpose then and now, is to support Broomfield Hospital. This is what we do. Providing refreshments at events, funding the extras for the hospital that cannot be funded by normal exchequer funding, taking an active part in the life of the hospital by providing extras at Christmas, and most important of all showing a friendly, non clinical face to patients in what can be a most challenging and stressful environment.

Over the last ten years we have purchased larger and more complex pieces of

equipment, and are often the key to services being able to progress quickly into new areas. We gave almost £40k to the Stroke service to purchase a machine to monitor swallowing in patients who have had a stroke.

We have also just donated £50k towards the new surgical robot at Broomfield, spread over three years. A remarkable development for our hospital. All of this is only possible because of our volunteers, who give their time freely and willingly to support our work, and we can only continue our work because of them.

The hours donated by these unsung heroes is truly remarkable. They all ensure that we continue to support this wonderful hospital, and long may it continue for the next 70 years.

If you would like to be involved, we always need more volunteers. So if you would like help, please visit us at fabh.org or telephone us on **01245 443285**.



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The Friends At Broomfield Hospital Donate £50,000 To Robot Appeal



Surgeon Sri Kadirkamanathan said: "I'm absolutely delighted. We need a lot of funding for the robot and I'm really stunned and very grateful for the Friends support."

Charlotte Jefcoate, fundraising coordinator at Mid Essex Hospitals Charity, was thrilled with the Friends contribution: "The Friends are such an asset to the hospital. Their shops are

The Friends made a special visit to Theatres to present a cheque and have a demonstration of the Da Vinci robot from surgeon Sri Kadirkamanathan. Some of the ladies even had a go at operating the robot themselves.

fantastic value for money and you're always greeted with a smile. We would encourage all staff to use the Friends shops as much as possible because it all benefits the hospital. So if you need a drink or snack, make sure you pop in and say hello to the Friends."

The Friends' Janet Warn said: "When you see the robot, it really makes you appreciate what fundraising can do. It was great to get hands-on. We are all volunteers in the shops and on the trollies and all enjoy working here. It makes me want to work a few more hours now!" Fellow volunteer Carol Haensel also experienced the machine in action: "Using the robot was very therapeutic, like the Consultant told us it would be. It was amazing how dextrous you could be."



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Second Dementia Friendly Garden



The new second dementia friendly garden outside Baddow Ward

A second dementia friendly garden outside Baddow Ward was opened by the Mayor of Chelmsford Duncan Lumley. This garden was made possible by £50,000 of charitable donations, and the Friends donated £10,000 towards this.

The garden which builds on the huge success of the Forget Me Not Garden at neighbouring Braxted Ward provides a therapeutic outside environment for patients and visitors to enjoy.

The health benefits of spending time in outside environments are well documented and are extremely beneficial to dementia patients in particular.

More than 40 volunteers, including many staff members assisted with the construction of the garden which took over 220 hours throughout the summer to complete.



Braxted Ward garden



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The Friends Refurbish The Patients Lounge



*Former Trust chairman Nick Alston, CBE, DL with the
Friends at Broomfield Hospital and MEHT colleagues in the discharge lounge.*

Former Trust chairman Nick Alston, CBE, DL, attended an event to officially open the discharge lounge, alongside colleagues from across the Trust.

The Friends donated £10,000 to the £15,000 renovation project. The lounge now has comfortable reclining chairs and tables and has been decorated with artwork depicting local scenes painted by Jim Cole and a selection of knitted blankets

has been donated by Hilary Tredwell.

The money has also been used for patient amenities, magazines and refreshments. Yvonne Carter, Charities Manager, said: "Thank you to the Friends at Broomfield Hospital for your contribution to this wonderful project. We have been able to refurbish the discharge lounge and make it a much more pleasant environment for people leaving the hospital."

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Cleft Fundraising Buys New Bottles And Breastfeeding Pumps



Friends donating a further £2,000 to the Cleft department

Over £14,000 has now been raised for the hospital's cleft department. The Friends latest donation of £2,000 is in addition to the £6,000 they donated previously. There was also a sum from an anonymous donor and money raised by two charity football matches and table top sales in the Atrium.

A cleft is a gap or split in the upper lip and/or the roof of the mouth as a result of a baby's face not joining together in the womb. It affects one in 700 babies born in the UK and makes it difficult for the child to feed from either the breast or a conventional bottle because they

are unable to form a vacuum inside their mouths.

Parents Stuart and Carol Gosling have funded five new breast pumps and bottles for children born with cleft lip and palate. Their son Oliver was born with cleft lip and palate in 2015 and had two reconstructive operations.

Peri Codling, clinical nurse specialist for cleft lip and palate, said: "These pumps are so beneficial. It means mums will be able to express their milk and give their babies the specialised bottle so they get the best breast milk."

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How We Help - On The Wards



Every morning at 7:45am you will find our early bird volunteers in **Shop 1**, loading up our two big blue trollies. They are preparing to take them on to the wards and many departments in the hospital so that all patients, as well as staff and visitors, have a chance to buy items they need. The trollies are filled with a great selection of daily papers, magazines, sweets, chocolates and drinks straight from the chilled cabinets in our shop. Tissues and toiletries, pens and puzzle books and anything else the volunteers can find space for are also included.

There is a good selection of fresh sandwiches delivered daily and kept chilled by a cooling shelf and we also offer a wide range of bagged sweets including some of the old favourites such as sherbet lemons, mint creams, murray mints and many more. We provide the trolley service five days a week, all run by volunteers.

The distance around the whole hospital trolley round is about six miles, a very good way to keep fit. The rounds are split into two, Monday - Friday. It is a rewarding time at the end of the round, a real feel good factor. The patients who are bed-bound are really grateful, as are the staff whose time is limited. Anyone who would like to help with the trolley service and keep fit will be very welcome.



To Volunteer for the Friends at Broomfield Hospital and for more information call 01245 443285 or visit our Join Us page. www.fabh.org

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Would You Like To Volunteer?

An appeal is being made for more volunteers to join the welcoming and enthusiastic Friends at Broomfield Hospital.

People of any age and from all walks of life can be a volunteer with the Friends and it need not be a huge commitment, just a few hours on a regular basis will be greatly appreciated.

By becoming a volunteer with the Friends at Broomfield Hospital you will be part of a dedicated team making a vast difference to the lives of patients and visitors.

Our volunteers carry out various roles and they all have one thing in common, the satisfaction they gain from making a contribution and helping others. Whether it is on the wards, with our popular trolleys, or in our shops on the hospital site, our volunteers are a valued and well recognised part of the hospital scene.

Some volunteers are motivated by the benefits they or a loved one have had from treatment within the NHS, others want to spend their spare time in a constructive and positive way, giving something back to the community.

The Friends at Broomfield Hospital are dedicated to improving facilities for patients, visitors and staff at Broomfield



Hospital. The donations we have been able to give have funded a vast range of medical equipment and have helped pay for projects such as garden areas for patients and visitors.

The income from the shops and trolley service and any donations made to the Friends are channelled back in to the hospital, to help fund items requested by wards and departments.

If you would like to find out more about becoming a volunteer please call in to either of our shops on the hospital site or ring **01245 443285**.

The Friends..... Getting Involved Over The Years



The Friends manning the refreshments stall at Broomfield Hospital Fun Day



The Friends at the Hospital Fete in the 90's



The Friends running a Tombola at a Hospital Fete



Judging the annual hospital Bake Off



The Friends Tombola in the Hospital



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Why are legacies so important to charities? Because with your gift the Friends at Broomfield Hospital can do so much more.

You don't have to be rich and famous to leave money to a charity when you die. Gifts left in Wills by people like you enables many of the charities we know and support today to survive.

So what better way to be remembered than by leaving a gift to the Friends at Broomfield Hospital in your Will.

Thanks to the generosity of people like you, the Friends have been able to donate even more money to make the time spent in hospital a little more bearable and helps doctors and nurses with the work they do by providing them with new and up-to-the-minute medical equipment. Your legacy gift will enable us to do even more in the future.

Legacy donations, big or small, help us to keep providing those all important extras and of course you can take care of your own family and friends before you think about making a donation to the Friends at Broomfield Hospital in your Will.

In essence it's the same as how you decide how much to donate ordinarily.

You would make sure you had taken care of yourself and your loved ones and then you'd choose to donate what's left over.

There are a few slightly different ways you can leave money to us in your Will:

- You can choose to leave a percentage of your estate known as residuary legacy
- You can leave us a set amount which is known as a pecuniary legacy (but bear in mind that inflation means that over time the real value of pecuniary gifts may change over time)
- Or you may choose to leave an item such as jewellery or property; this is known as specific legacy.


Your solicitor will be able to give you more advice about the different types of gift and we would encourage you to discuss any plans to leave a legacy to the Friends of Broomfield Hospital with your solicitor.

If you need any more details, simply contact Barbara Coupe on 01245 443285

For more information about 'give as you earn' donations and 'Just Giving' please refer to fabh.org

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Our Free Library Trolley Service

As well as the Ward Trolley round we also have our free Library Trolley Service where our volunteers visit the wards and departments throughout the hospital bringing a friendly face and a chat to patients. The service runs on Tuesday and Thursday mornings and on the trolley is a wide selection of books for patients to choose from.

Roger and Marion Gardiner are two of our current library volunteers, having been introduced to volunteering through a close relative.

Marion says "A large part of taking the library trolley to the wards is a little light conversation with certain patients who perhaps don't receive many visitors and this is certainly no hardship for me, I enjoy getting into conversations with people. Volunteering suits my nature as I am very much a people person. Roger's love of reading and being able to help choose a suitable book for a patient's reading taste makes this an ideal volunteering role for him."

Roger says "As yet no-one has told me that the item I chose for them was rubbish, but perhaps that is because people are just being polite."


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Roger and Marion



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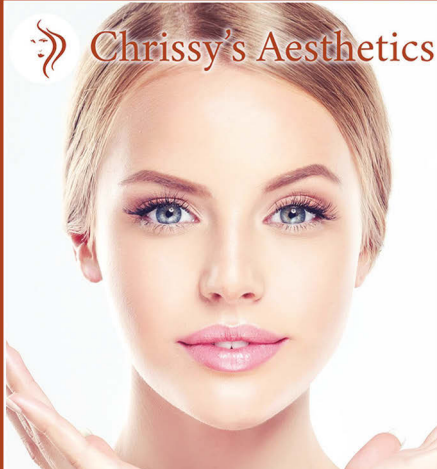
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Sustainability And The Friends



David Jackson with a volunteer looking at the reusable coffee cups

David Jackson, MSE Sustainability Project Co-ordinator said "To deliver excellent healthcare services, both now and long into the future, we need to be sustainable in our use of resources. This includes our environment, our people, patients and communities and our budget. Sustainability requires a large amount of teamwork and we work closely with the Friends to support this."

The Friends shops recently launched a 30p discount for anyone using a reusable cup for hot drinks with the ambition of reducing the single-use disposable alternative. A stock of recycled bamboo reusable cups is available for purchase.

David Jackson added "The recent beverage cup changes is a fantastic

example of how a variety of groups can be brought together by a central aim of reducing our environmental impacts."



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The Dignity Project



Mid Essex Hospitals Trust is supporting dignity in care, with a network of nearly 600 dignity champions within Broomfield Hospital. The project was originally set up by Angela Wade, Professional Development Lead Nurse to work on creating a dignified environment for our patients, visitors and staff, with three core improvement projects around behaviour, environment and patient clothing.

By listening to patients and staff, the team has introduced privacy windows in the stroke unit and elderly care wards, and the dermatology outpatients department having privacy improved in their waiting area. They have also purchased 50 personal listeners and 20 desktop hearing

loops to support those who have hearing loss during their hospital visits, made possible through the kind donations from the Friends at Broomfield.

There are many amenities provided via the project including modesty theatre gowns for patients and 'winter warmer' packs for some of the most vulnerable patients on the emergency floor. A group of local knitters provide patients with hand-crafted, homely blankets and quilts to make a stay in hospital a little more bearable and it is with thanks to the Friends at Broomfield generosity, the team can fund the purchase of new clothes for patients who find themselves in hospital following an emergency admission.

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The Friends Committee

The Friends recent AGM meeting



Members and guests at the 2019 AGM



Chairman speaking at the 70th Anniversary lunch

The Friends at Broomfield Hospital are a registered charity at the Charity Commission and our registered number is 260377. Our accounts are prepared annually by Edmund Carr, Chartered Accountants in Chelmsford, and submitted to the Commission, where they can be viewed on their website.

The Committee meets regularly throughout the year to discuss Friends business, and also to consider applications for funding from members of staff for various items of equipment, furniture, and enhancements which will benefit patients, visitors and staff of the hospital.

Before the Friends can consider the applications, they will have been submitted first to the Charities Office for checking and signing off, to ensure that they meet the criteria for donations by The Friends.

We usually have a good variety of applications to look at, and the Friends enjoy learning about and considering the different aspect of hospital life.

Like all charities at the moment, one of our biggest problems is recruiting and retaining volunteers, so if you would like to join us, please either submit the form in this booklet or contact Shop 1 on **01245 443285**.



Celebratory cake

The Friends At Broomfield Hospital Celebrate Christmas

For over 20 years the Friends have been working together with the Trust's own Charitable Office to ensure that Christmas is a special time at Broomfield Hospital.

Every year the Friends are on hand with mulled (non alcoholic) wine and mince pies at the dedication of the Christmas tree in the atrium. We also provide the prizes and the judges for the annual Ward Decoration Competition.

The two shops are filled with lovely Christmas merchandise to try and make sure our hard working staff and visitors have an opportunity to purchase gifts when it is difficult for them to get to the shops.



The winner of the Christmas Tombola

2018 Ward Decoration Competition



How You Can Help

Could you become a volunteer with the Friends at Broomfield Hospital and help make a difference to the lives of patients and their families, visitors and staff at the hospital?

If you have a few hours to spare you could be a very welcome part of our team, helping in one of our shops or with the trolley rounds on the wards.

To find out more information please call us on **01245 443285** between **(9-4pm)**.



Becoming a volunteer—please tick in the box to register your interest

In the Shop

☐

Trolley Service

☐

Library Service

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Your commitment as a Friends volunteer could make a real difference, please complete your name & address in the section below and return it to the Friends Shop1, Broomfield Hospital, Chelmsford, Essex CM1 7WE

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Where is the Faith Centre?

The Faith Centre and Chaplaincy offices are situated at location A209. It is open 24 hours for anyone to come for quiet space and prayer. An Islamic Ablutions room is available 24 hours and screens and prayer mats are in the Faith Room. Other religious resources are available on request. The Spiritual Care and Chaplaincy Department is pleased to provide a calendar of high holy days and celebrations from different faith communities. If you or your faith community wish to hold a service on one of these significant days, please contact

the Chaplaincy Department in order to reserve the Faith Centre.

Regular services in the Faith Centre are as follows:

Monday - Thursday

7.30am: Hindu Meditation

Tuesdays

12.15pm -12.45pm: Holy Communion (Church of England or Free Church)

2nd **Friday** of each month

12.15 -12.45pm: Roman Catholic Mass

Wednesdays 8.00am: Christian Meditation

Fridays 7:00am: Hindu Meditation

Fridays 1.15 -1.45pm: Jum'ah prayers (Ablutions room available)

Other **weekdays** 12.15pm: Short service of Christian prayers and reflections

Sundays: No services in Faith Centre
Holy Communion (Roman Catholic, Church of England and Free Church) or prayers are brought to the bedside by our Eucharistic Ministers.



POWELL SYSTEMS

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Hospital Information

Mid Essex Hospital Services
NHS Trust



Contacting Broomfield Hospital

Main Switchboard Telephone Number
01245 362000

For more information and a range of telephone numbers, simply visit:

www.meht.nhs.uk

Visiting Broomfield Hospital

Visiting

Broomfield Hospital welcomes visitors and understands the important part they play in patient's recovery. Family and friends are able to visit patients every day. The hospital's visiting hours vary from ward to ward, so please contact the main switchboard or website for information.

Visitors are respectfully requested to limited visits to two people at any one time where possible, and that they stay for short periods of time using the chairs provided by the patient's bed. This helps prevent the ward area becoming too noisy and overcrowded for those patients who need rest. If children wish to visit, please check with the nurse in charge for advice about this.

To reduce the risk of infection spreading, alcohol gel is available at the entrance to the wards and at each bedside. All visitors are asked to use this when entering and leaving a ward.

Accessibility

If you require special access at Broomfield hospital or the Trust's services, please contact the Patient Advice Liaison Service, telephone 01245 514130 (9.00am to 4.00pm Monday to Friday) or out of hours please leave a message. We will call you back to make arrangements.

By Car

Car parking is available for patients and visitors', however it is in great demand and therefore we recommend that between the hours of 9am to 2 pm you leave in plenty of time as it may sometimes be difficult to park. Alternatively, if possible, please consider alternative ways of getting to the Trust.

Car Parking Charges:

Up to 15 mins	free
15 mins - 3 hours	£3.00
3 – 5 hours	£4.00
5 - 24 hours	£6.00

Weekly parking tickets are available at a reduced rate. Please visit the Cashiers Officer located by the Main Reception in the atrium to purchase a long-stay ticket. We operate a pay and display car park. Our car park ticket machines are cash only and do not give change. Please use the change machine by Cashiers Office located by the Main Reception in the atrium.



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Hospital Information

...continued

Mid Essex Hospital Services
NHS Trust



Sat Nav Location:

Broomfield Hospital Postcode: CM1 7ET

By Bus

Please see below the buses and route numbers that provide a service to Broomfield Hospital. For more information about bus transport around Chelmsford and the surrounding areas please visit

www.firstgroup.com/ukbus/essex/journeyplanning

70/70X

70: COLCHESTER - CHELMSFORD

Via Marks Tey, Coggeshall, Braintree, Gt Leighs

70X: COLCHESTER - CHELMSFORD

Via Braintree

Service 70 provides direct links to Little Waltham, Braintree, Coggeshall, Marks Tey and Colchester. Operates up to every 30 minutes.

42/42A/542

42: HOWE STREET - BROOMFIELD HOSPITAL - GALLEYWOOD

Via Town Centre, Tile Kiln

42A: STANSTED AIRPORT - BROOMFIELD HOSPITAL - GALLEYWOOD

Via Great Dunmow, Town Centre, Tile Kiln

542: GREAT DUNMOW - BROOMFIELD HOSPITAL - CHELMSFORD

Services 42/42A link Galleywood, Tile Kiln, Chelmsford Town Centre, Broomfield Road,

Great Waltham, Dunmow and Stansted Airport every 15 minutes Monday to Saturday.

40

40: CHELMSFORD - GREAT BADDOW (BAE SYSTEMS)

Via Town Centre, Meadgate Estate, Readers Corner

Service 40 serves the Hospital every 30 minutes.

47

47: CHELMSFORD - BROOMFIELD HOSPITAL

Via Springfield Park, Chelmer Village, Sainsburys Store, North Springfield
Service 47 from Chelmer Village serves the Hospital every 30 minutes.

Chelmer Valley Park and Ride Mini Bus

Essex County Council and Mid Essex Hospitals Services NHS Trust are offering a community link service between Chelmer Valley Park and Ride and Broomfield Hospital in Chelmsford). Monday to Friday. Every 23 minutes between the two sites. First bus leaves at 6.37am from Chelmer Valley Park & Ride car park. Last bus leaves at 18.40pm from Broomfield Hospital

By Train

The hospital has excellent, frequent public transport links to the mainline railway station, with regular rail services to stations between London Liverpool Street and Ipswich. Services are provided by Greater

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Hospital Information

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Mid Essex Hospital Services
NHS Trust



Anglia train services. For more information, visit www.abelliogreateranglia.co.uk/travel-information/station-information.

Finding Your Way at Broomfield Hospital

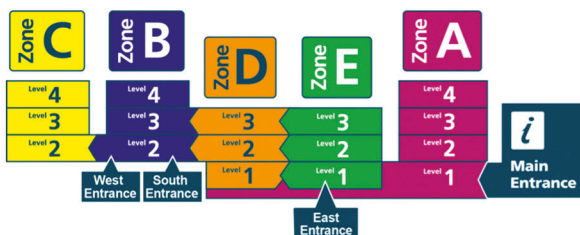
Broomfield Hospital is a large site with buildings reaching widely across the campus. In order to ensure our patients reach their destination quickly as possible and safely, a simple wayfinding system is in operation. The wayfinding system is based on ward/clinic names, zones and destination numbers.

On arrival to the hospital, if you do not know the destination number of the ward/clinic you are visiting, simply find it on the directory boards located at any entrance to the hospital. All wards and departments are listed alphabetically including their destination number.

Then, simply follow the signs to the correct zone and thereon to the correct destination number.

For example, Day Stay Unit is at Destination Number B448 which is located in Zone D, Level 4.

Cross section showing zones, zone floors levels and entrances



Facilities at Broomfield Hospital

Broomfield Hospital offers a range of facilities from shops and restaurants to patient entertainment systems.

Cash Machines

Cash dispensers are available at the following locations

- **Zone A**, Level 1 (Atrium) - inside WH Smith (free of charge)
- **Zone B**, Level 2 (South Entrance) - opposite Reception desk (£1.85 charge applied)

Level 3 - near Terling Ward (A305)

Level 4 - Maternity waiting area (A404)

- Neo Natal unit (A406)

Zone C

Level 2 - Lift Lobby

Zone E

Level 1 - Lift Lobby

Level 2 - Lift Lobby

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Hospital Information

...continued

Mid Essex Hospital Services
NHS Trust



Cashiers & Change Machine

The cashiers are located in the atrium, Zone A near the Main Reception desk. Cashiers can assist in providing change, dealing with enquiries regarding parking and travel costs and reimbursements.

A change machine is also provided at the Cashiers should you need to change notes into coins for car parking and vending machines.

Coffee Shops

Costa Coffee

Mid Atrium, adjacent to the entrance to Zone E Minimum opening hours:

08:00 - 18:30 Monday to Friday

10:00 - 17:00 Saturday & Sunday

Closed 25th – 26th December and 1st January

Fontanella Coffee Shop

Front of Atrium Minimum opening hours:

08:00 - 18:30 Monday to Friday

10:00 - 17:00 Saturday & Sunday

Closed 25th – 26th December and 1st January

Shops & Café's (Newsagents and Food)

Friends at Broomfield Hospital Shop 1

South Entrance **09:00 - 18:00**

Monday to Friday

Closed Weekends & Bank Holidays

Friends at Broomfield Hospital Shop 2

End of Atrium, adjacent to A111

09:00 - 16:00 Monday to Friday

Closed Weekends & Bank Holidays

M&S Simply Food

Mid Atrium Minimum opening hours:

08:00 - 20:00 Monday to Friday

10:00 - 20:00 Saturday & Sunday

Closed 25th – 26th December and 1st January

WH Smith

Mid Atrium Minimum opening hours:

07:00 - 19:00 Monday to Friday

09:00 - 16:00 Saturday & Sunday

Closed 25th – 26th December and 1st January

Pudding Wood Café

Just off main Hospital Street near X-Ray at Destination number (D140)

07:00 - 15:00 Monday to Friday

Vending Machines

Zone A - Level 1 -near Breast clinic (A104)

Zone A - Level 2 - A & E department waiting room & Felsted Ward (A205)

Zone A - Level 3 - near Terling Ward (A305)

Zone A - Level 4 - Maternity waiting area (A404) & Neo-Natal unit (A406)

Zone C - Level 2 - Lift Lobby

Zone E - Level 1 - Lift Lobby

Zone E - Level 2 - Lift Lobby



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Hospital Information

...continued

Mid Essex Hospital Services
NHS Trust



Trolley Service

A trolley service operates (subject to volunteers' availability) on the wards selling sweets, drinks and newspapers to patients. The trolley service does not accept debit/credit cards.

Patient Entertainment (Hospedia)

Hospedia is a service available to Patients throughout the hospital, offering Free radio and a variety of TV Packages which include free outbound calls to 01,02 and 03 numbers for the duration of any package brought. Also included in the package are free games and internet access. Card machines are located around the hospital, as well as Hospedia Representatives visiting wards daily to assist with any problems or to help purchase credit. They can also advise you on the best package for your stay. You can also pay by Debit or Credit card.

Hospedia staff are on site Monday - Friday 9 - 6.30pm and Saturdays 9 - 2pm.

For more information, please visit:

www.hospedia.co.uk

Post Box

There is a Royal Mail post box located outside M&S Simply Food in the Atrium, Zone A.

Public Payphones

Payphones are available for use at the following locations

- Zone A, Level 1 (Atrium) - beside Cashiers
- Zone B, Level 2 (South Entrance) - opposite lifts
- Zone D, Level 1 (Central Corridor) - opposite vending machines
- Zone E, Level 1 (East Entrance) - lift lobby



Coughs and sneezes spread diseases



always carry
tissues



cover your
coughs and
sneezes



throw used
tissues in
a bin



always clean
your hands

Stop germs spreading

Wayfinding Map

Mid Essex Hospital Services
NHS Trust



Key:

- Information Points
- Café
- Shops
- Lifts
- Stairs
- Bus stop
- Visitor Car Parks
- Accessible Car Parks





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Disabled Living Foundation Helpline.....	0845 130 9177
Drinkline.....	0800 917 8282
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Gingerbread Advice Line for Lone Parents.....	0800 018 4318
National Council for One Parent Families Lone Parent Helpline.....	0800 018 5026
National Debtline.....	0808 808 4000
National Drugs Helpline.....	0800 77 66 00
National Missing Persons Helpline.....	0500 700700
NHS Direct.....	0845 46 47
NSPCC Child Protection.....	0808 800 5000
Parentline Plus (practical help & information for parenting).....	0808 800 2222
Refuge Domestic Violence Helpline.....	0808 2000247
Relate.....	0845 4561310
Release (drugs and legal advice for users, families & friends).....	0207 7299904
Salvation Army Family Tracing Service.....	020 7367 4747
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The Rose & Crown

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